

# Fundamental Optics of the Eye and Rod and Cone vision

Andrew Stockman

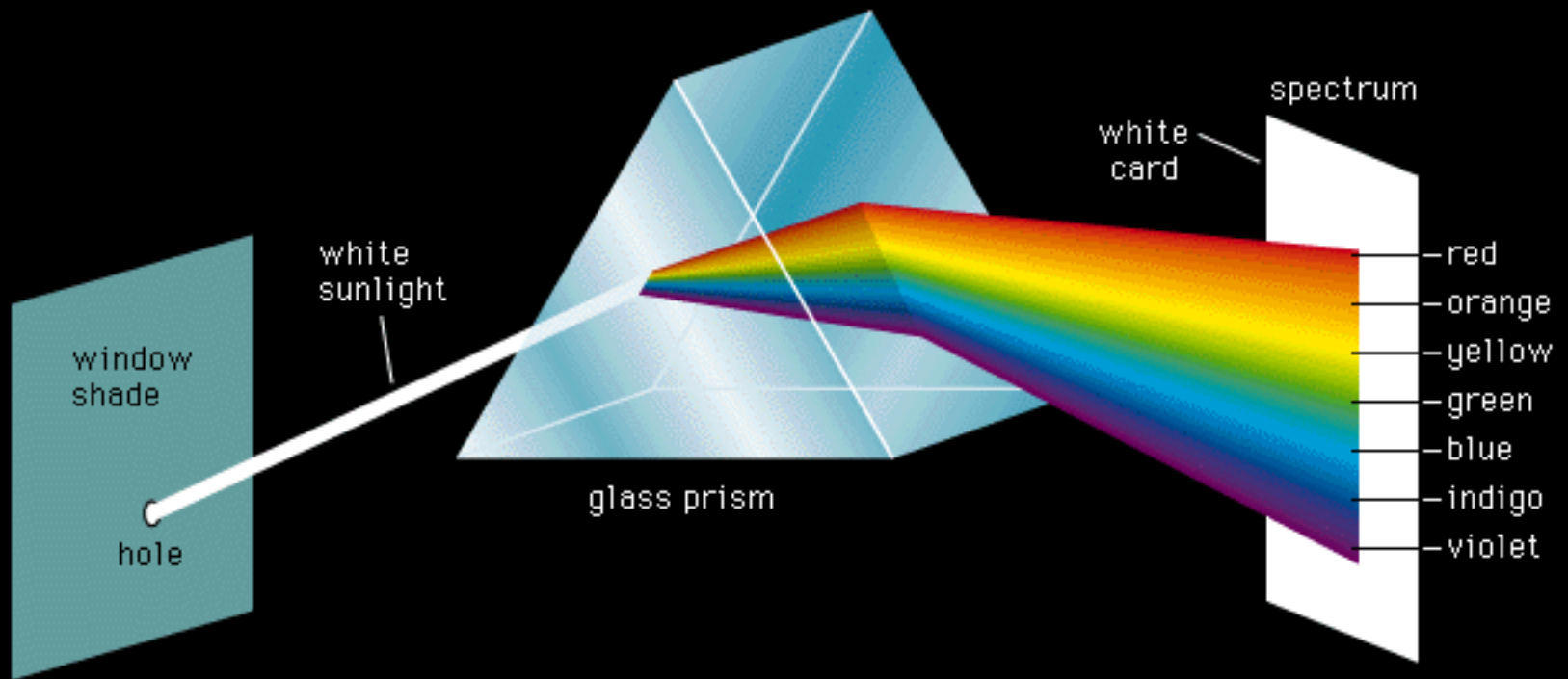
Revision Course in  
Basic Sciences for  
FRCOphth. Part 1

# Outline

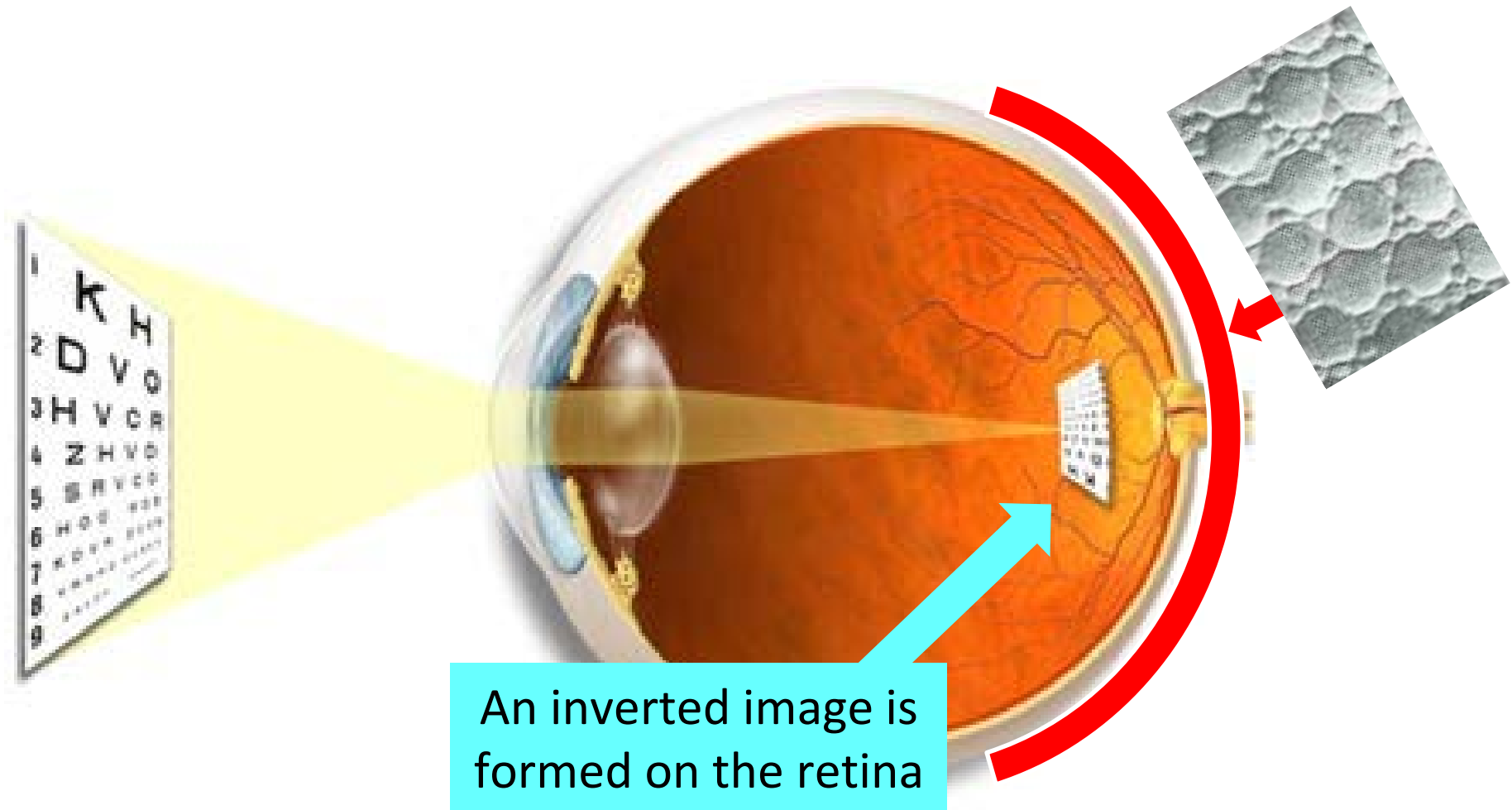
- ▶ The eye
- ▶ Visual optics
- ▶ Image quality
- ▶ Measuring image quality
- ▶ Refractive errors
- ▶ Rod and cone vision differences
- ▶ Rod vision is achromatic
- ▶ How do we see colour with cone vision?

# Light

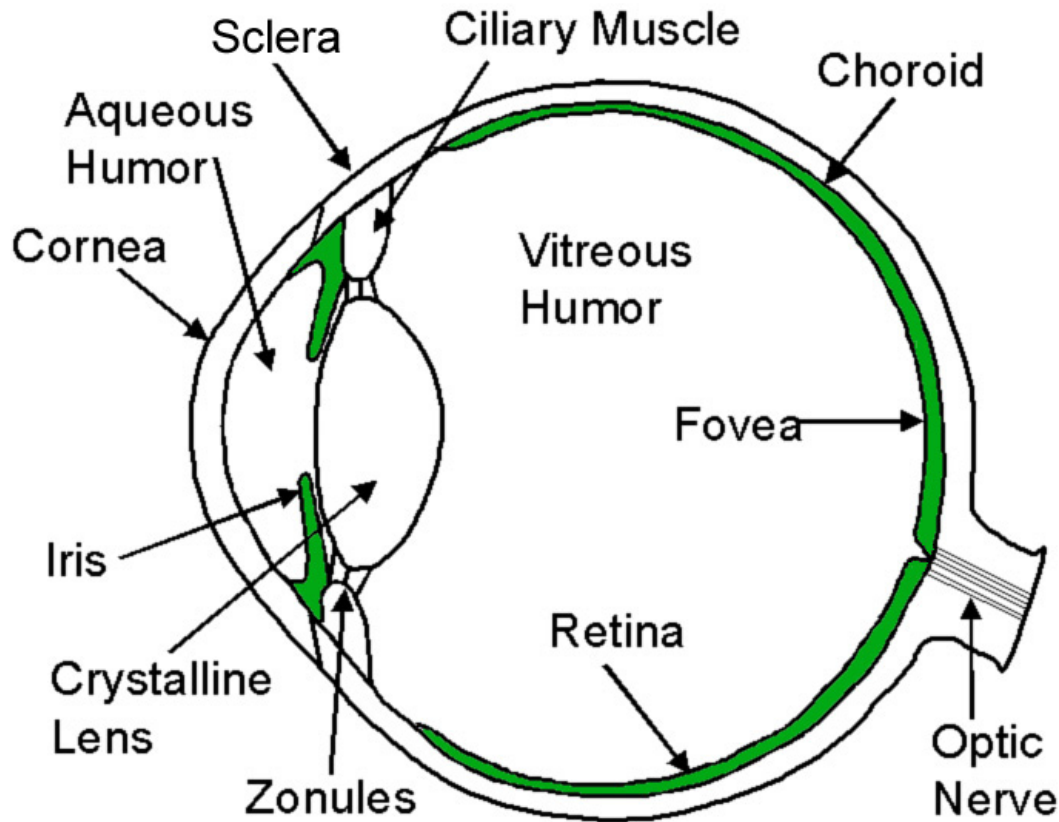
400 - 700 nm is important for vision



The retina is carpeted with light-sensitive rods and cones



# Retinal cross-section



**Cornea** – Clear membrane on the front of the eye.

**Crystalline Lens** – Lens that can change shape to alter focus.

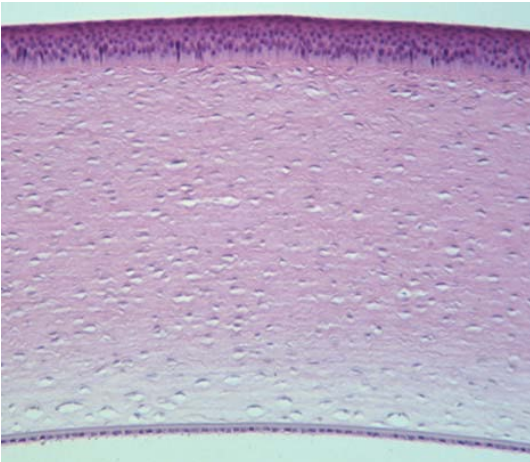
**Retina** – Photosensitive inner lining of eye

**Fovea** – central region of retina with sharpest vision.

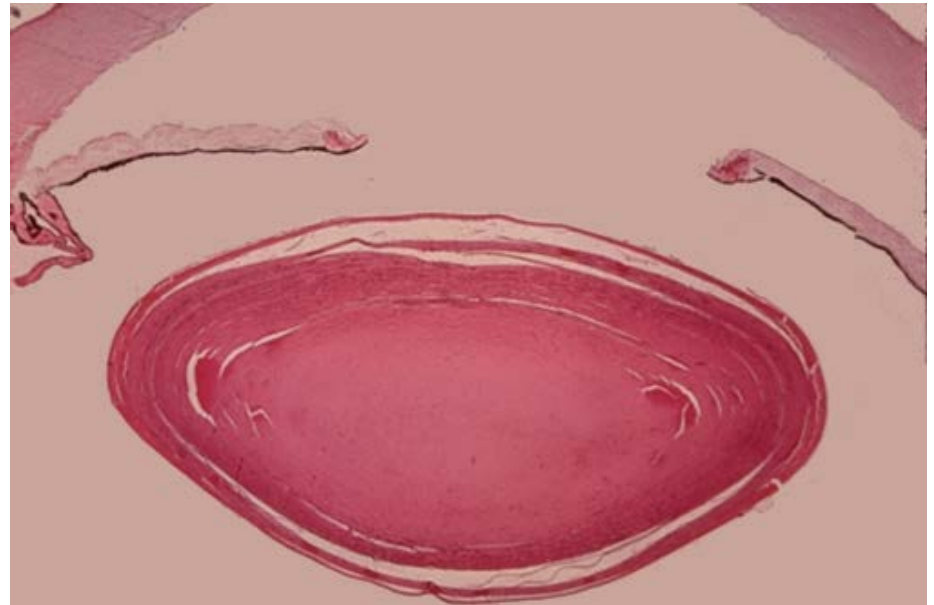
**Optic Nerve** – bundle of nerve fibers that carry information to the brain.

# Visual optics

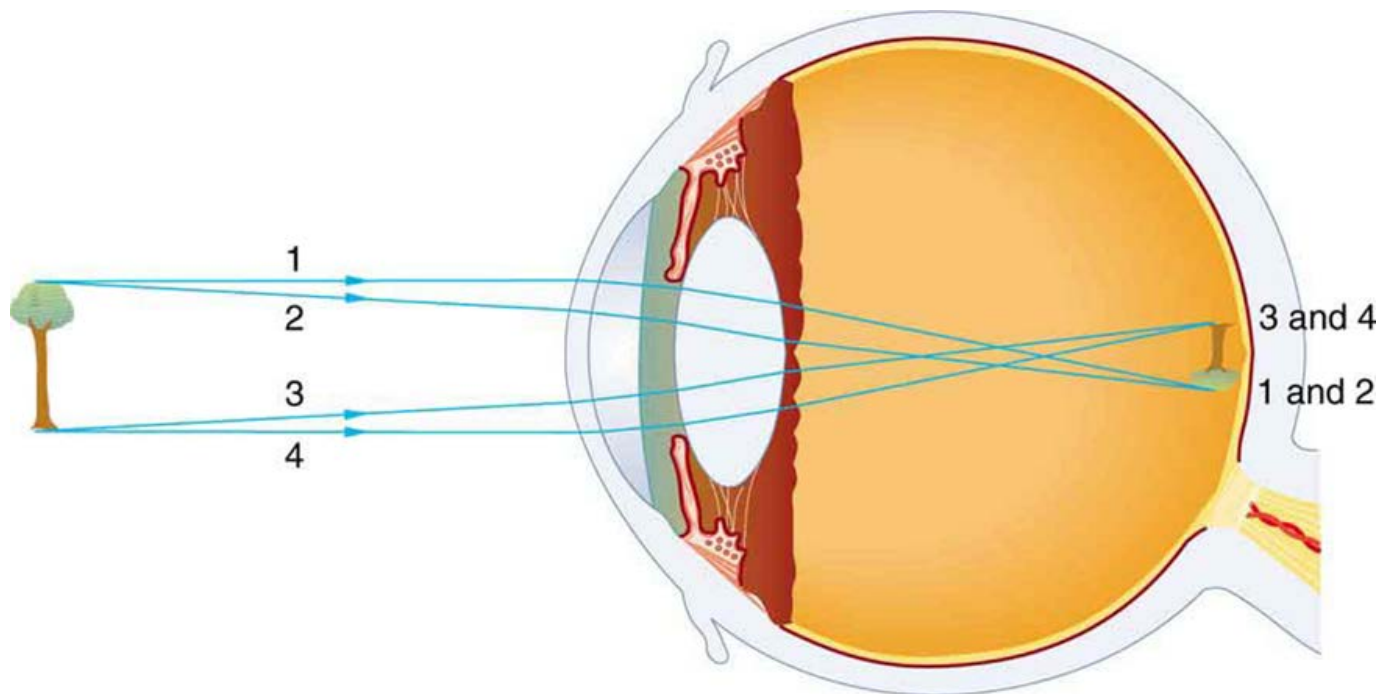
## Cornea



## Crystalline lens



# Image formation

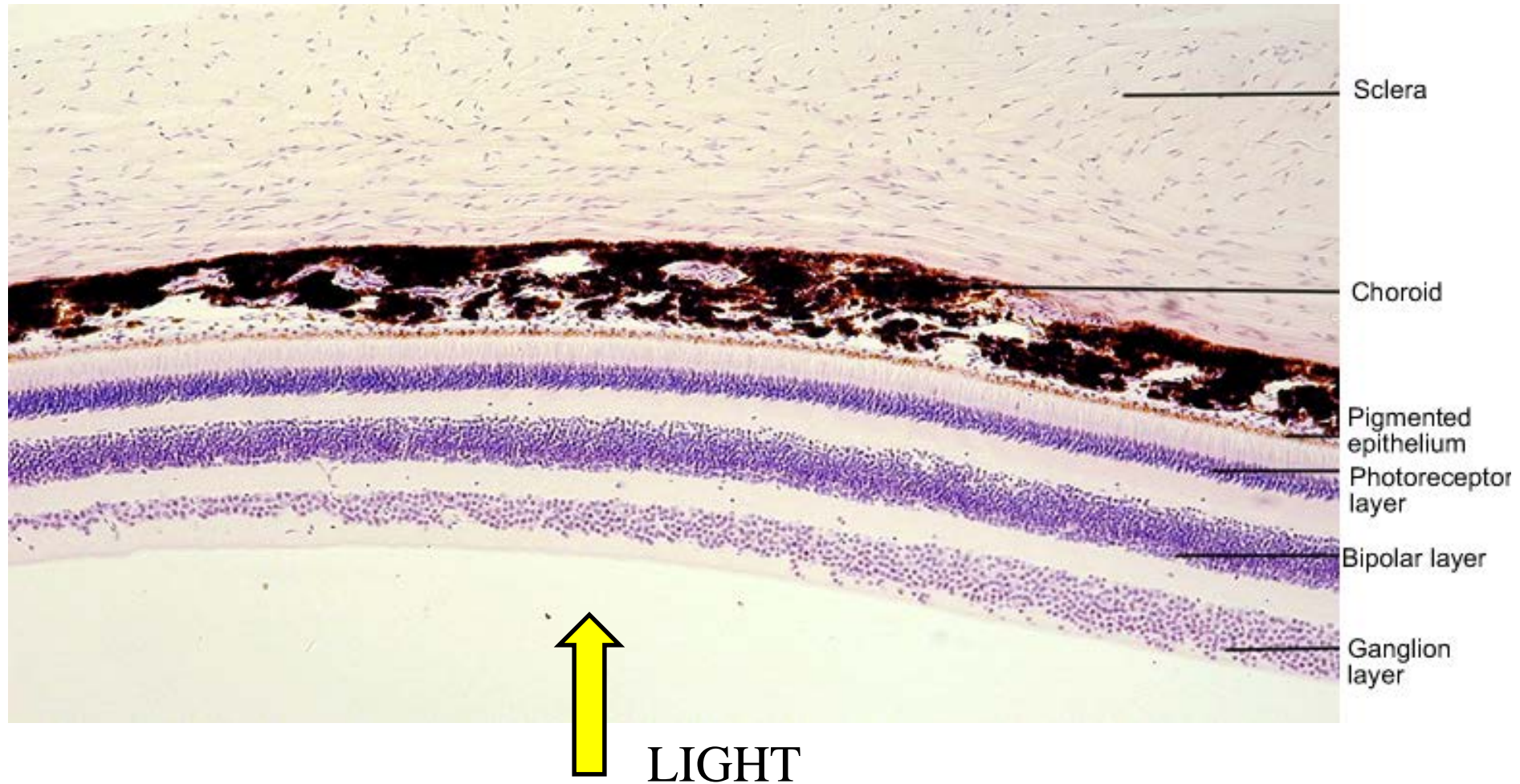




# Jim Bowmaker dissecting an eye...



# Retinal cross-section



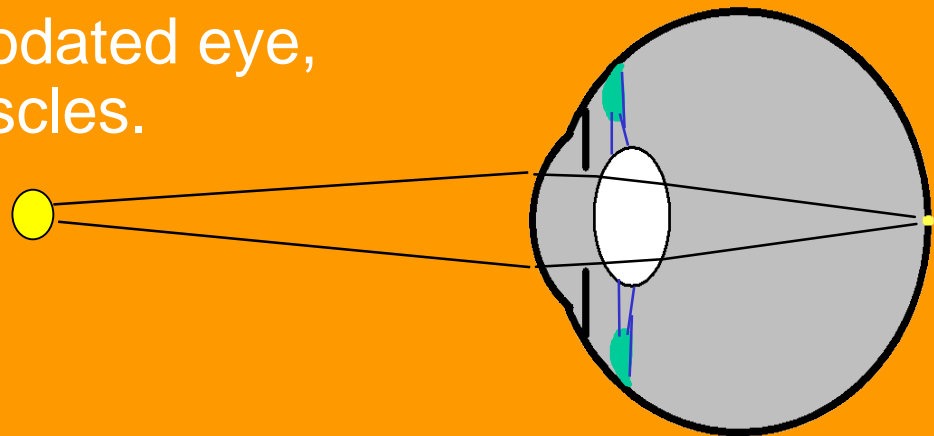
Retina 200 ×

# Accommodation to target distance

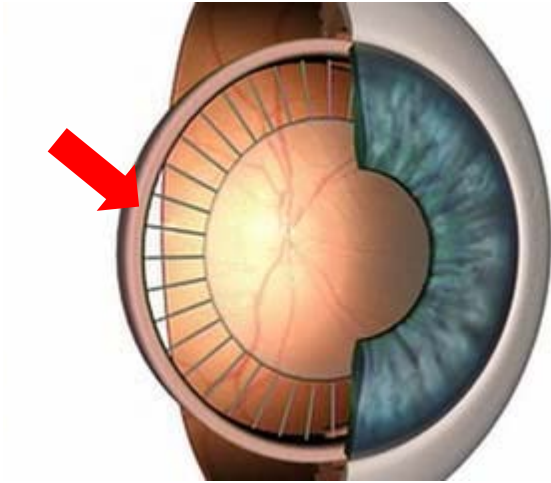
Distant target, relaxed ciliary muscles



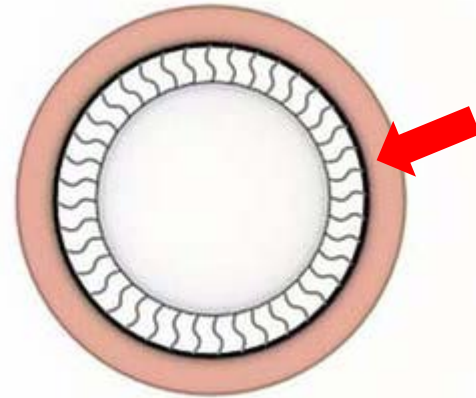
Near target, accommodated eye,  
constricted ciliary muscles.



# Accommodation



Relaxed ciliary muscle  
pulls zonules taut and  
flattens crystalline lens.



Constricted ciliary muscle  
releases tension on zonules  
and crystalline lens bulges.

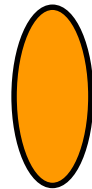
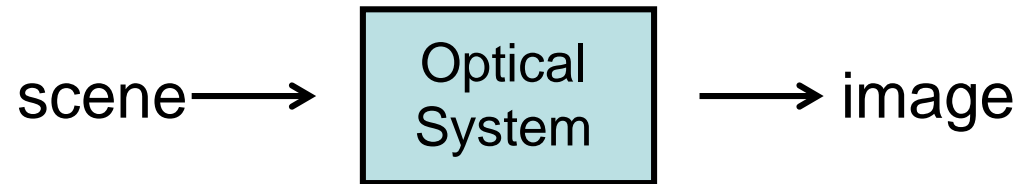


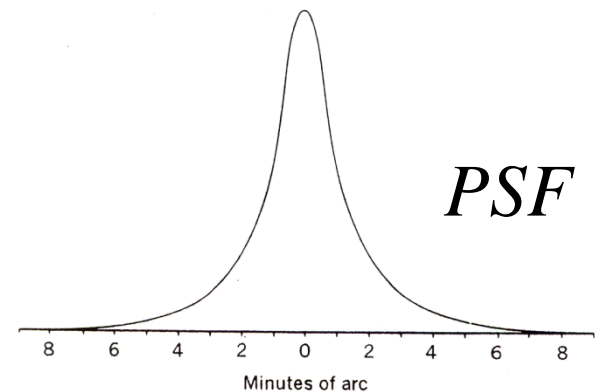
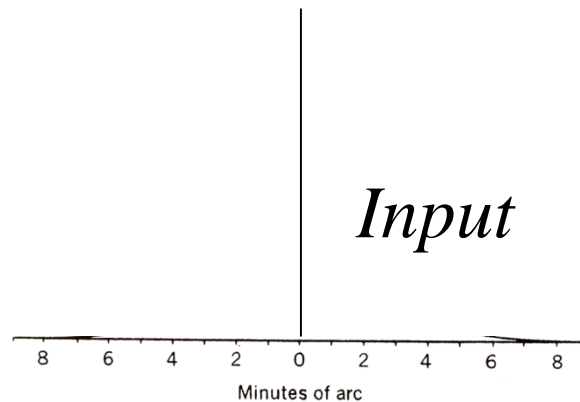
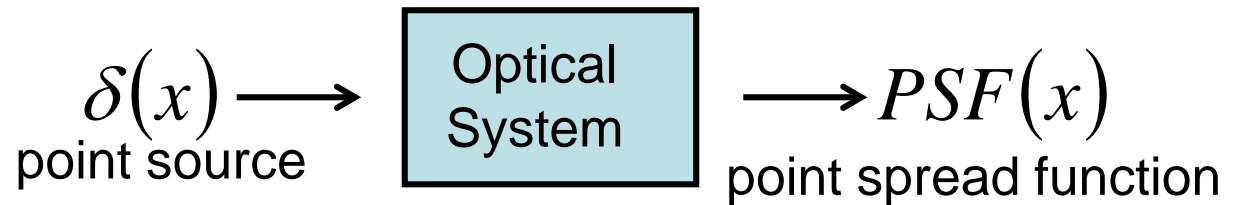
Image quality

# Point spread function

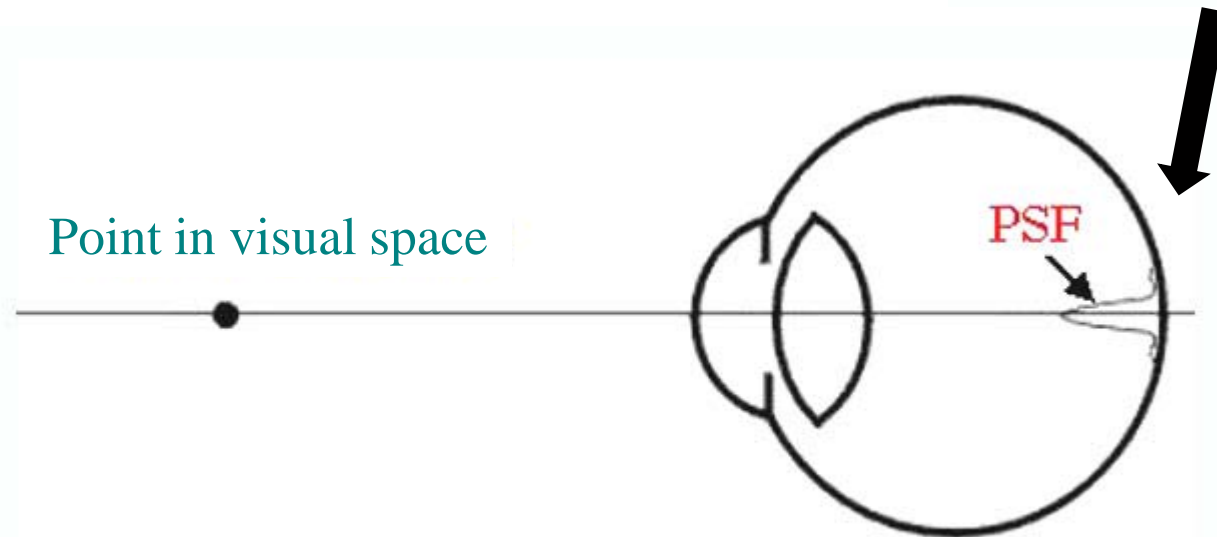
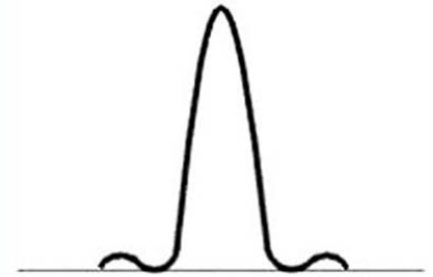
Optical systems are rarely ideal.



## Point spread function of Human Eyes



# Point spread function (PSF)



If we know the Point Spread Function (PSF) or the Line Spread Function (LSF), then we can characterize the optical performance of the eye.



# Measuring image quality psychophysically

## 1. Visual acuity measures

<b>E</b>	1	20/200	6/60
<b>F P</b>	2	20/100	6/30
<b>T O Z</b>	3	20/70	6/21
<b>L P E D</b>	4	20/50	6/15
<b>P E C F D</b>	5	20/40	6/12
<b>E D F C Z P</b>	6	20/30	6/9
<b>F E L O P Z D</b>	7	20/25	6/7.5
<b>D E F P O T E C</b>	8	20/20	6/6
<b>L E F O D P C T</b>	9		
<b>F D P L T C E O</b>	10		
<b>F E Z O L C F T D</b>	11		

Smallest resolvable black and white target. Many different types of tests are available , but the letter chart introduced by Snellen in 1862 is the most common.

E

1 20/200 6/60

F P

2 20/100 6/30

T O Z

3 20/70 6/21

L P E D

4 20/50 6/15

P E C F D

5 20/40 6/12

E D F C Z P

6 20/30 6/9

F E L O P Z D

7 20/25 6/7.5

D E F P O T E C

8 20/20 6/6

L E F O D P C T

9

F D P L T C E O

10

P E Z O L C F T D

11



NORMAL ACUITY

Snellen defined "standard vision" as the ability to recognize one of his optotypes when it subtended 5 minutes of arc. Thus, the optotype can only be recognized if the person viewing it can discriminate a spatial pattern separated by a visual angle of 1 minute of arc.

A Snellen chart is placed at a standard distance, twenty feet in the US (6 metres in Europe). At this distance, the symbols on the line representing "normal" acuity subtend an angle of five minutes of arc, and the thickness of the lines and of the spaces between the lines subtends one minute of arc. This line, designated 20/20, is the smallest line that a person with normal acuity can read at a distance of twenty feet.

The letters on the 20/40 line are twice as large. A person with normal acuity could be expected to read these letters at a distance of forty feet. This line is designated by the ratio 20/40. If this is the smallest line a person can read, the person's acuity is "20/40."

**E**  
**F P**  
**T O Z**  
**L P E D**  
**P E C F D**  
**E D F C Z P**  


---

**F E L O P Z D**  
**D E F P O T E C**  


---

**L E F O D P C T**  
**F D P L T C E O**  
**F E Z O L C F T D**

1	20/200	6/60
2	20/100	6/30
3	20/70	6/21
4	20/50	6/15
5	20/40	6/12
6	20/30	6/9
7	20/25	6/7.5
8	20/20	6/6
9		
10		
11		

**E**  
**F P**  
**T O Z**  
**L P E D**  
**P E C F D**  
**E D F C Z P**  


---

**F E L O P Z D**  
**D E F P O T E C**  


---

**L E F O D P C T**  
**F D P L T C E O**  
**F E Z O L C F T D**

1	20/200
2	20/100
3	20/70
4	20/50
5	20/40
6	20/30
7	20/25
8	20/20
9	
10	
11	

<b>E</b>	1	20/200
<b>F P</b>	2	20/100
<b>T O Z</b>	3	20/70
<b>L P E D</b>	4	20/50
<b>P E C F D</b>	5	20/40
<b>E D F C Z P</b>	6	20/30
<b>FELOPZD</b>	7	20/25
<b>DEFPOTEC</b>	8	20/20
<b>L E F O D F C T</b>	9	
<b>F D P L T C E O</b>	10	
<b>F E X O L C F T D</b>	11	

<b>E</b>	1	20/200
<b>F P</b>	2	20/100
<b>T O Z</b>	3	20/70
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<b>E D F C Z P</b>	6	20/30
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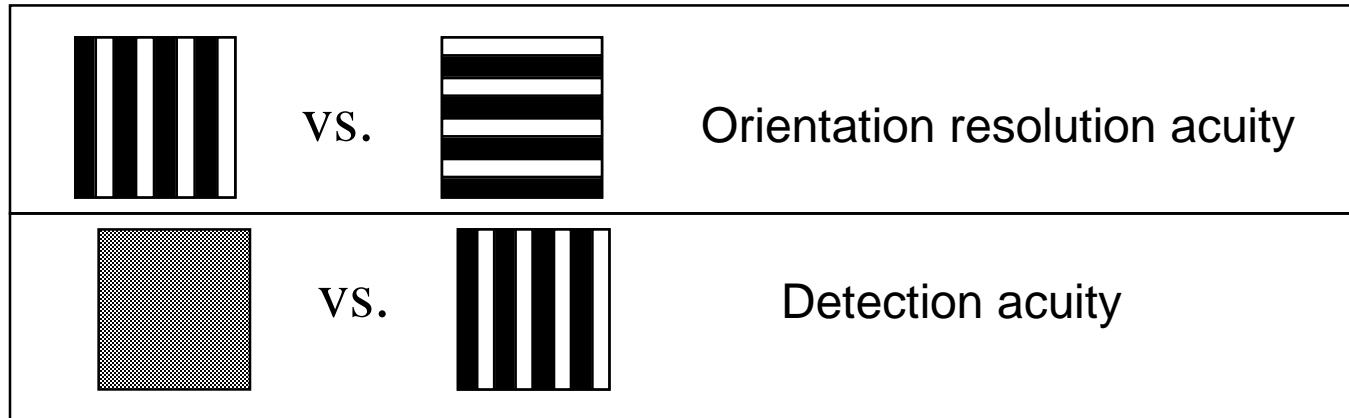
# Visual Acuity: four standard methods

Letter  
acuity  
(Snellen)



Can the subject correctly identify the letter or the letter orientation?

Grating  
acuity



2-line  
resolution  
2-point  
resolution

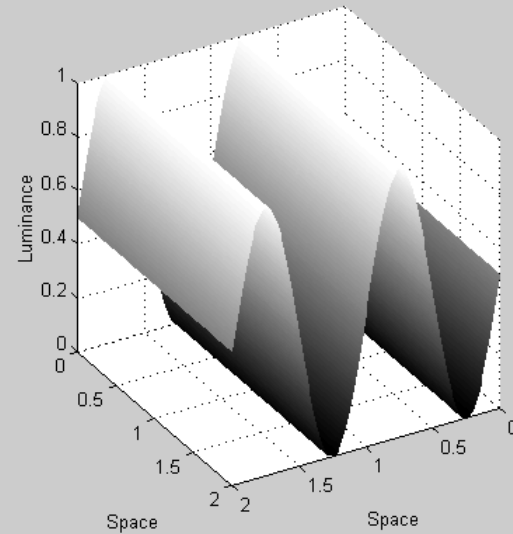
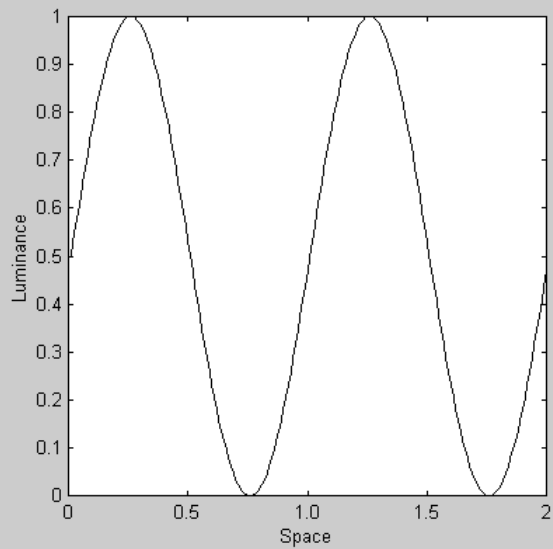
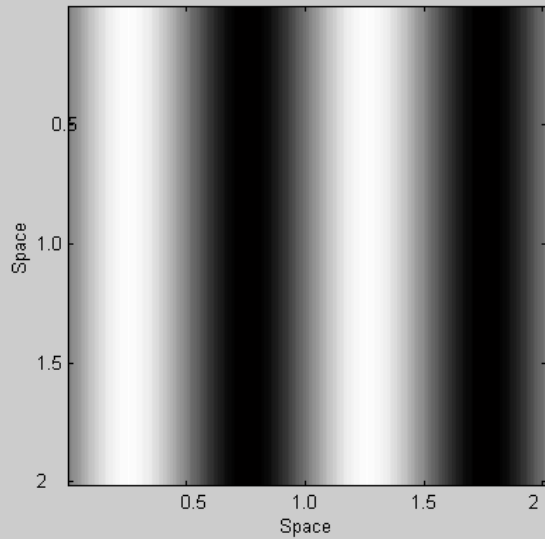


Can the subject see two lines  
or points rather than one?

# Measuring image quality psychophysically

## 2. Spatial contrast sensitivity measures

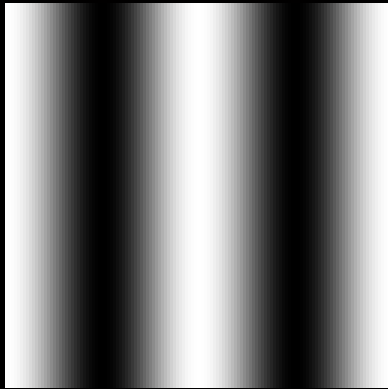
# Spatial frequency



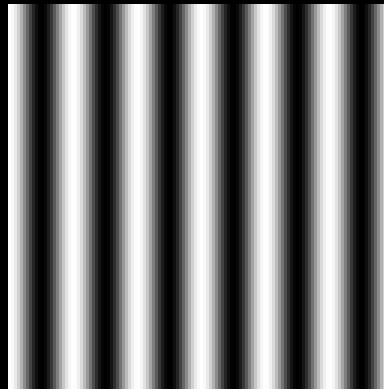


# Harmonics of a square wave

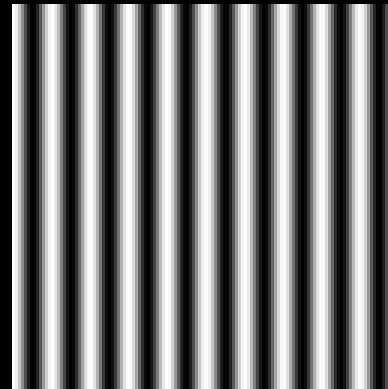
1



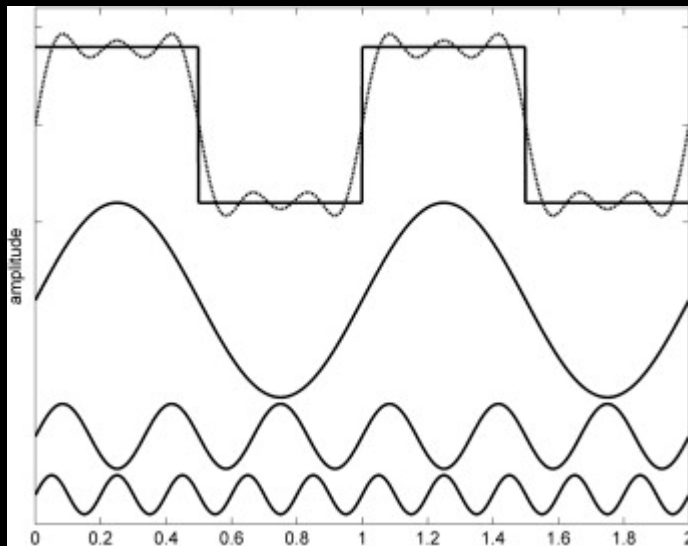
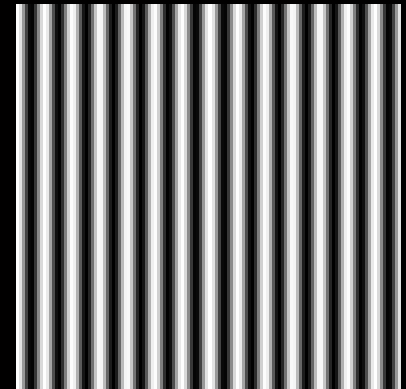
3



5



7



$$1+3+5$$

1

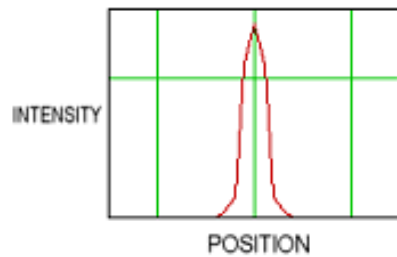
3

5

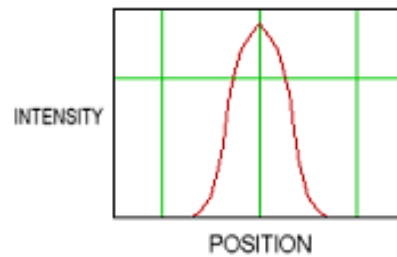
Steven Lehars



Image of line



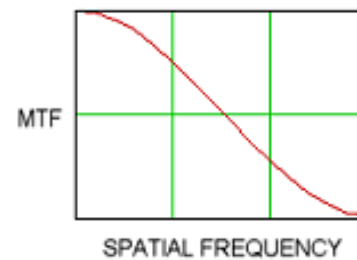
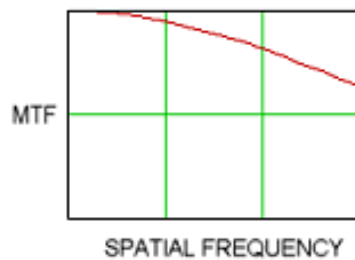
BETTER LENS



GOOD LENS

PSF

CALCULATED MTF

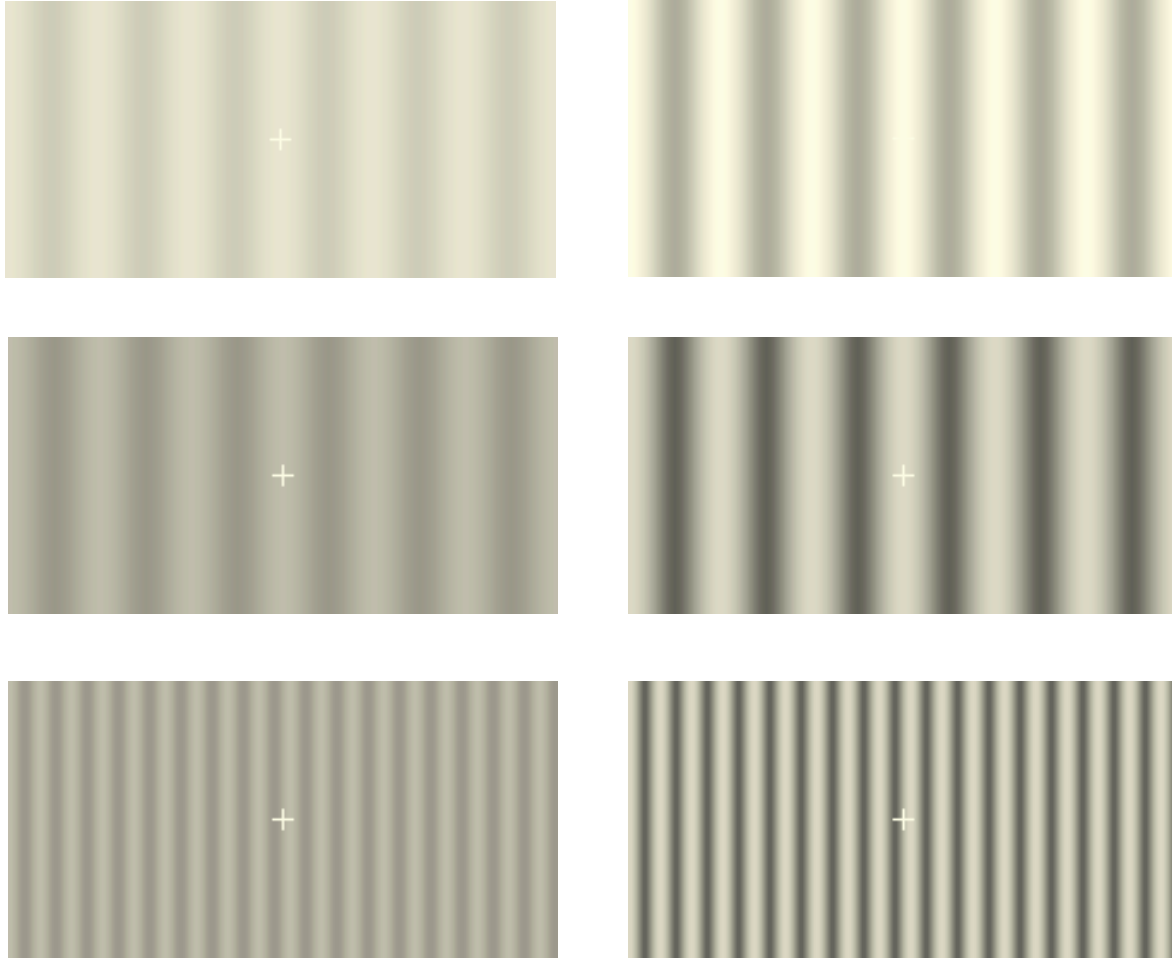
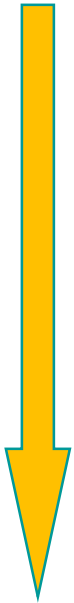


Spatial MTF

What would the results for a perfect lens look like?

# Spatial frequency gratings

Increasing spatial frequency

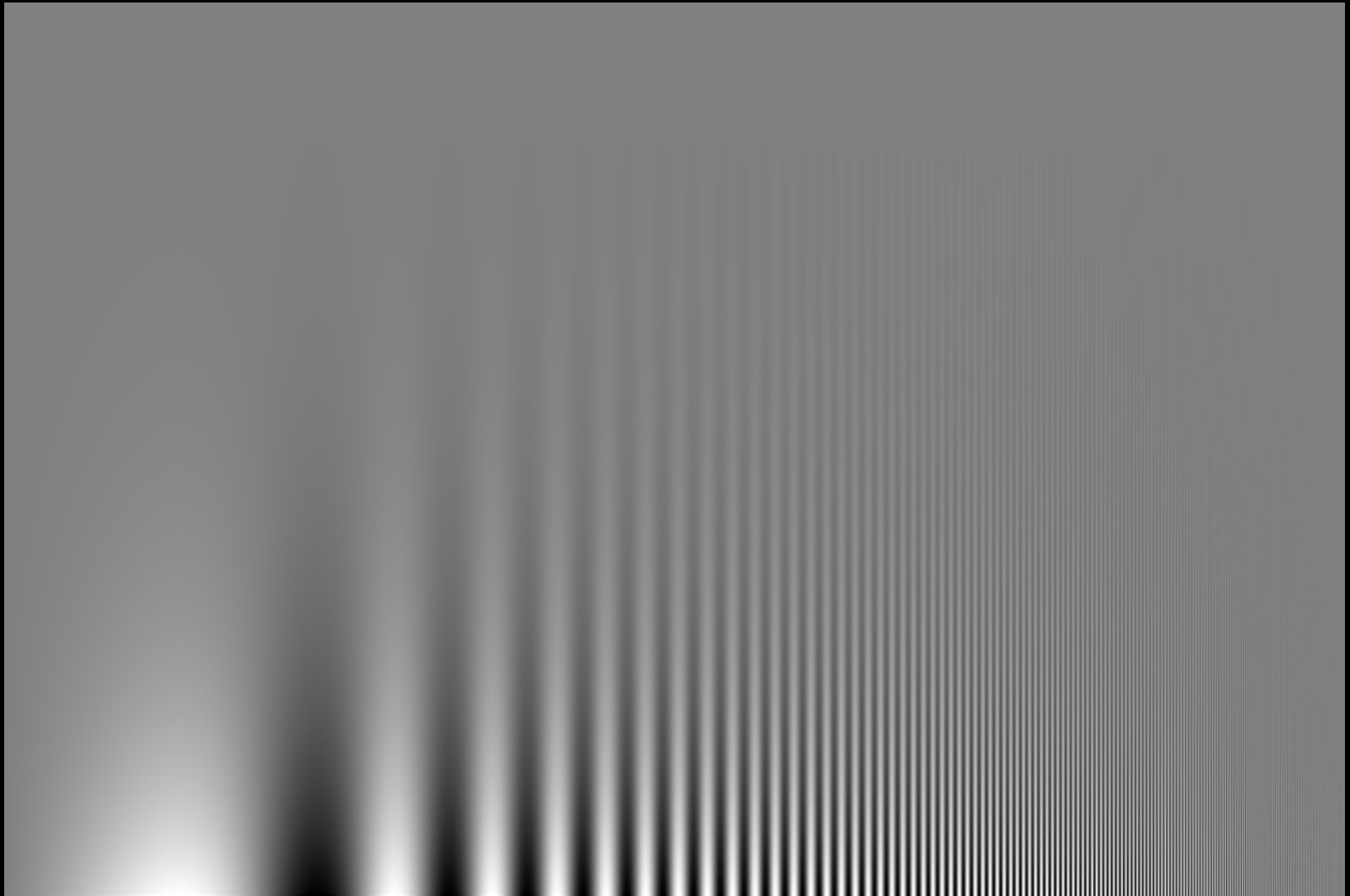


Increasing contrast

# Spatial MTF

Spatial frequency in this image increases in the horizontal direction and modulation depth decreases in the vertical direction.

Increasing contrast

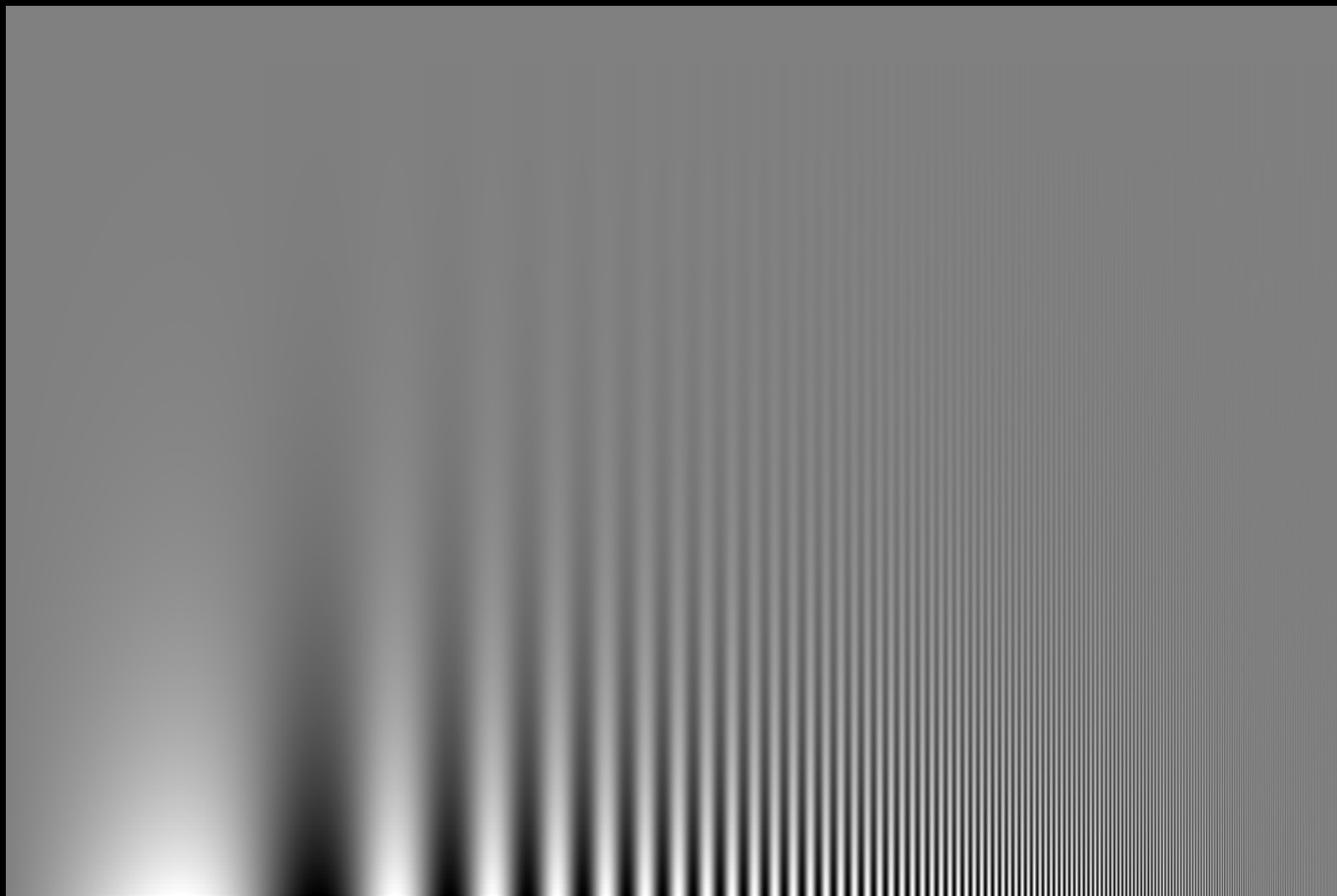


Increasing spatial frequency

# Spatial MTF

The apparent border between visible and invisible modulation corresponds to your own visual modulation transfer function.

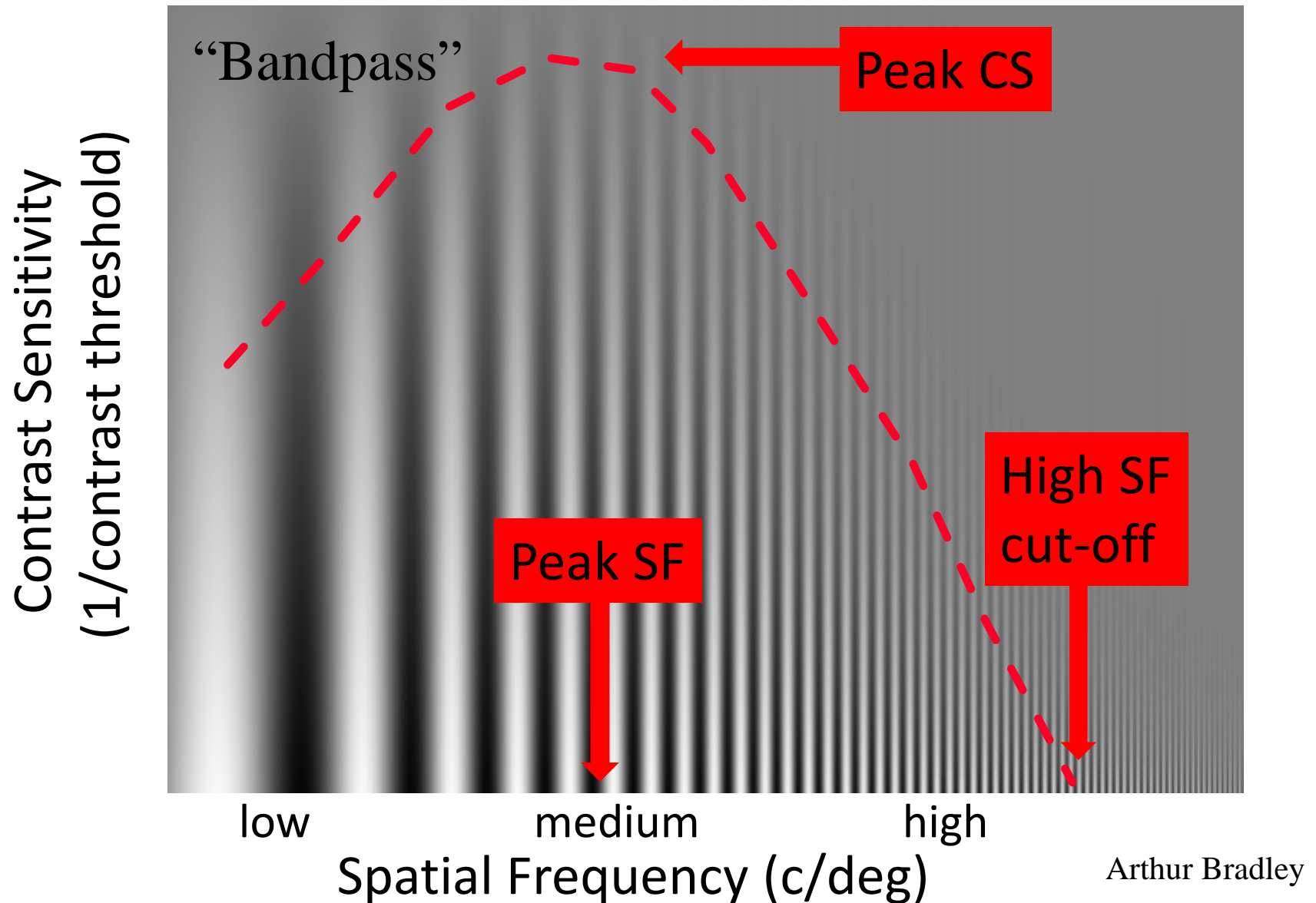
Increasing contrast



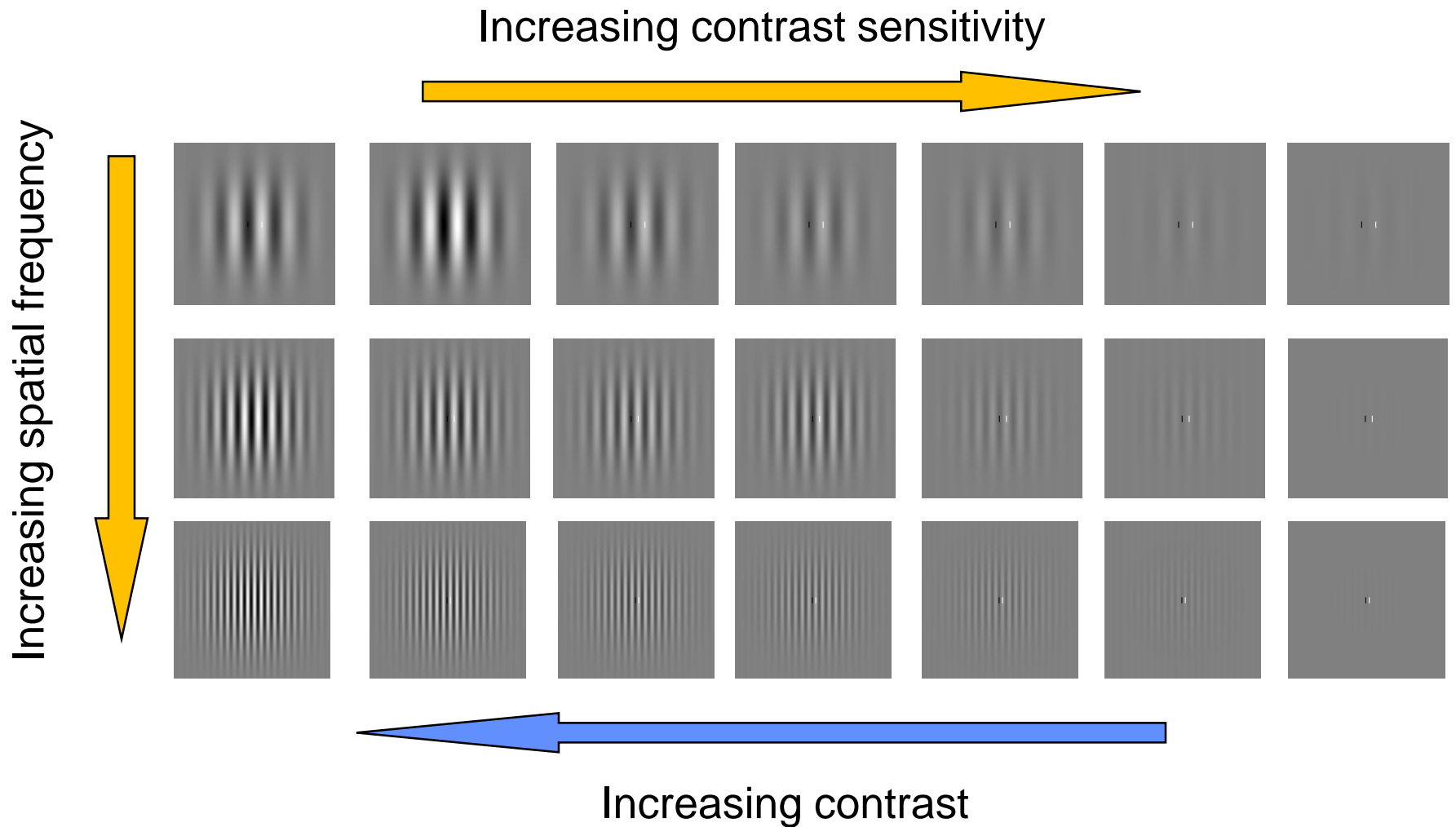
Increasing spatial frequency

## 2. Grating Contrast Sensitivity

# Contrast Sensitivity Function (CSF)



# Example of grating contrast sensitivity test using printed gratings



# Spatial CSFs

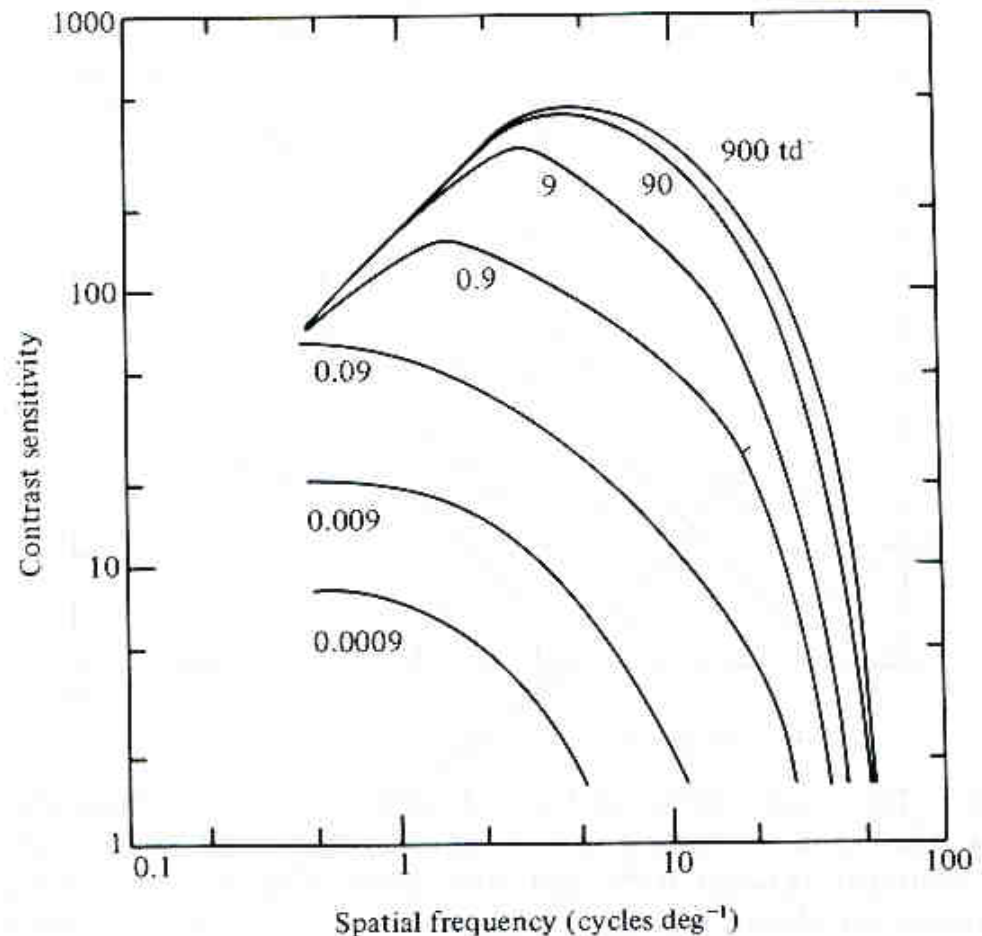


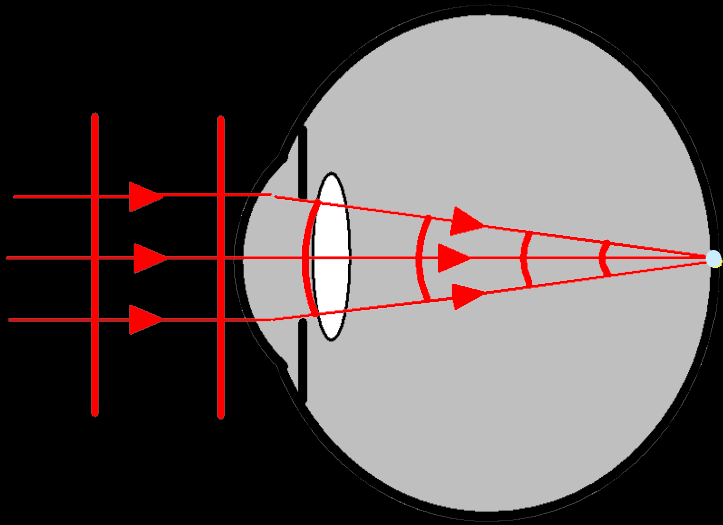
Fig. 8.4. Spatial contrast sensitivity curves at seven different retinal illuminance levels between 0.0009 and 900 trolands. The subject viewed the gratings through a 2 mm diameter artificial pupil. The wavelength of the light was 525 nm. Notice the loss of sensitivity for medium and high frequencies as the retinal illumination is decreased. (Adapted from Van Nes & Bouman, 1967.)



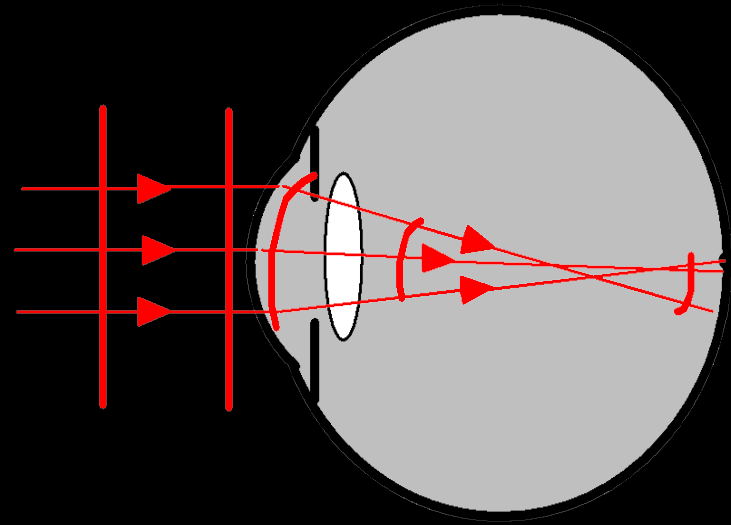
# Refractive errors

# Aberrations of the Eye

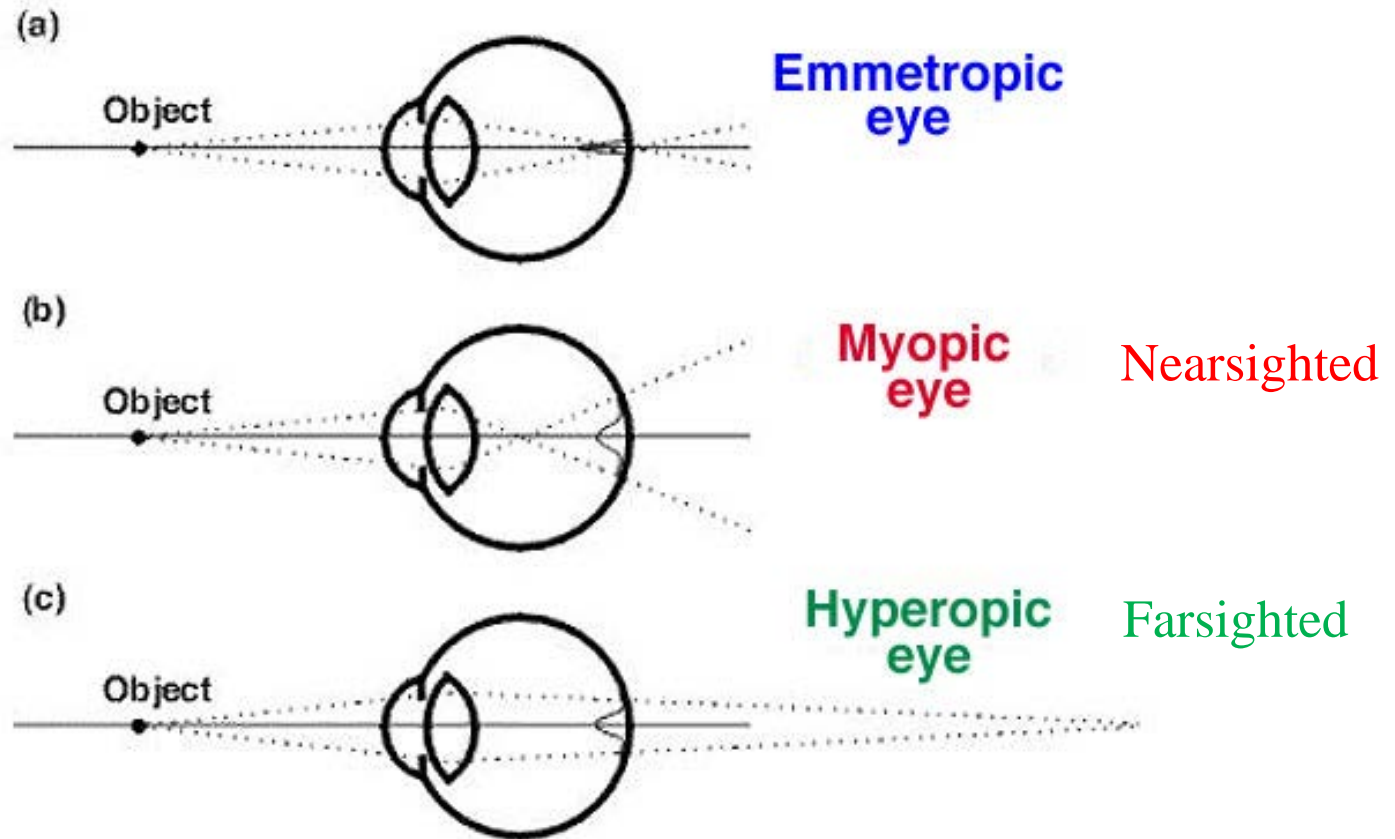
**Perfect optics**



**Imperfect optics**

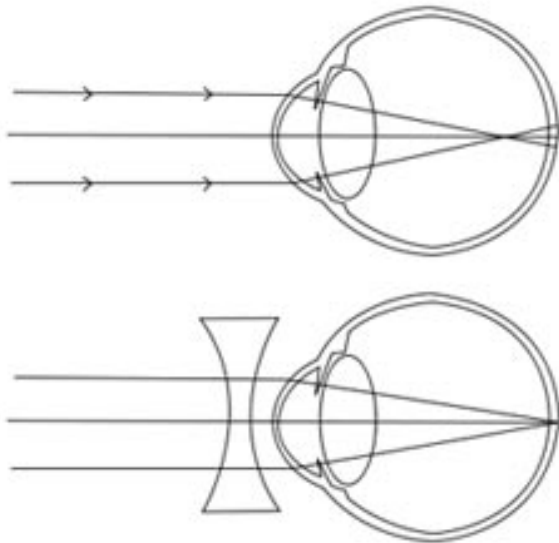


# PSFs for different refractive errors

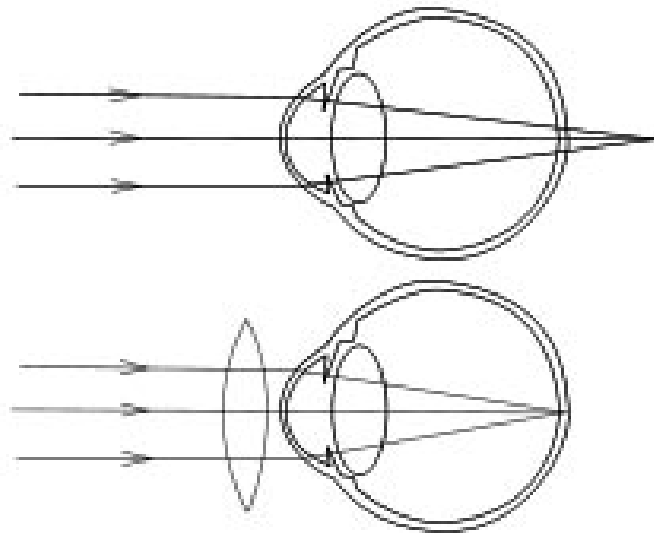


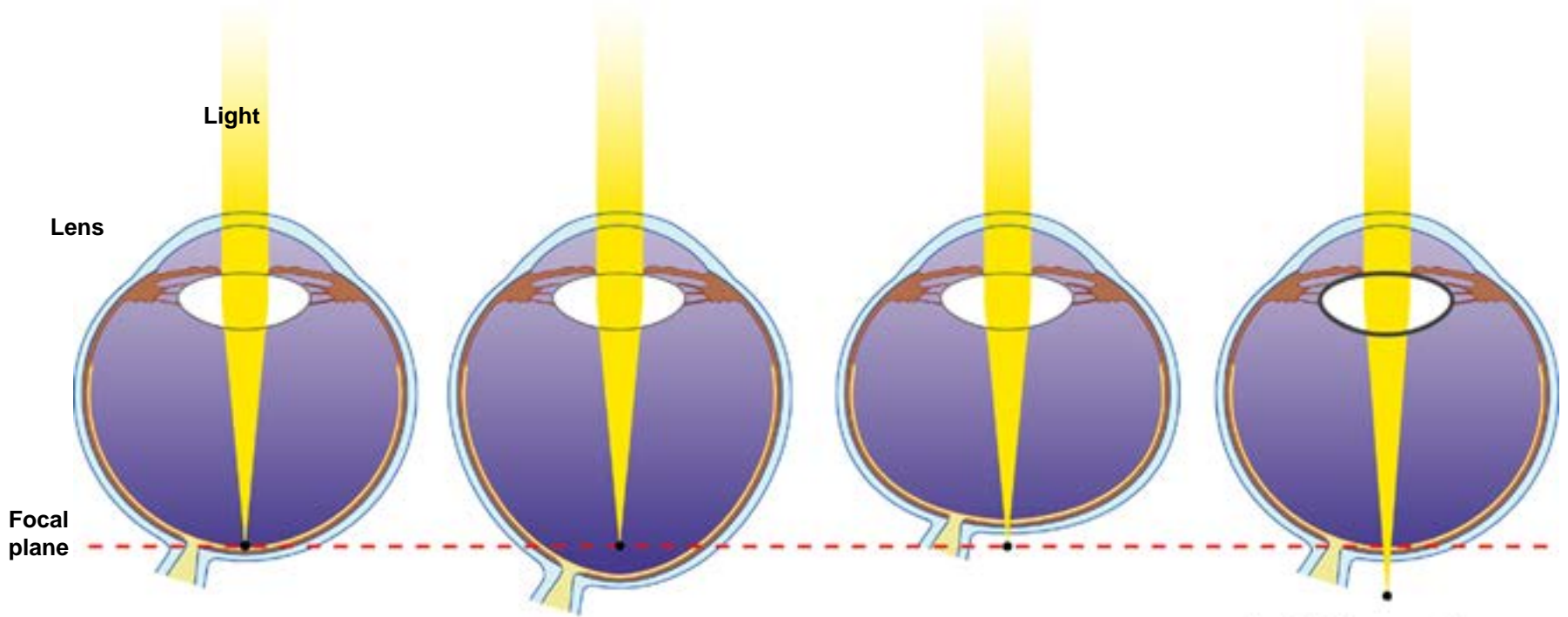
# Corrective lenses

Myopia



Hyperopia





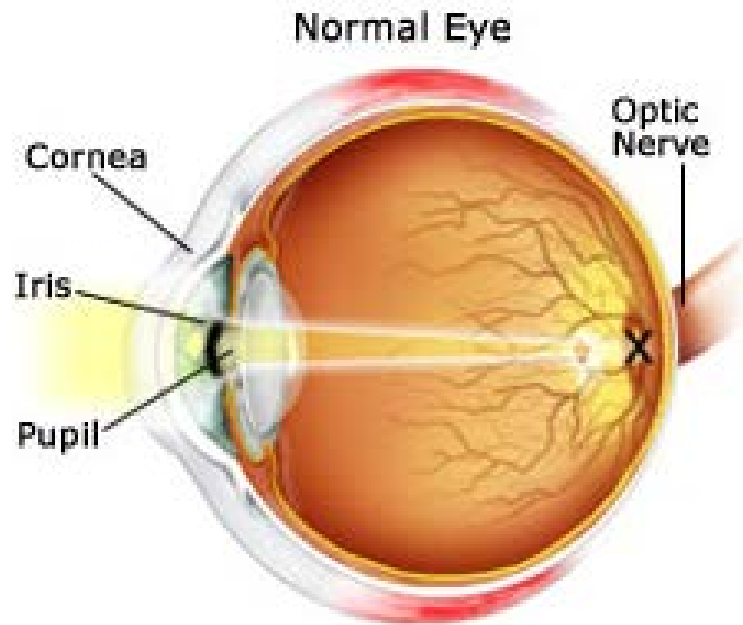
**Emmetropia  
(normal)**

**Myopia  
(nearsightedness)**

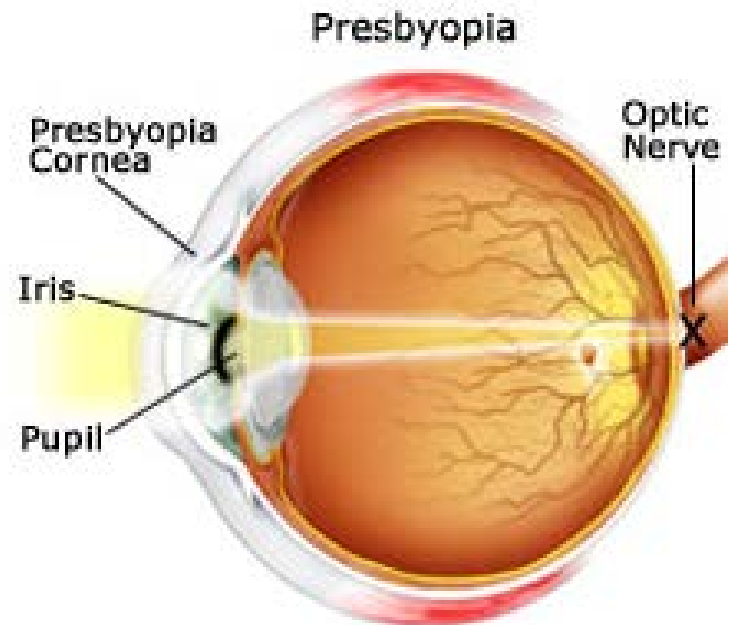
**Hyperopia  
(farsightedness)**

**Presbyopia  
(aged)**

# Presbyopia (age related far-sightedness)



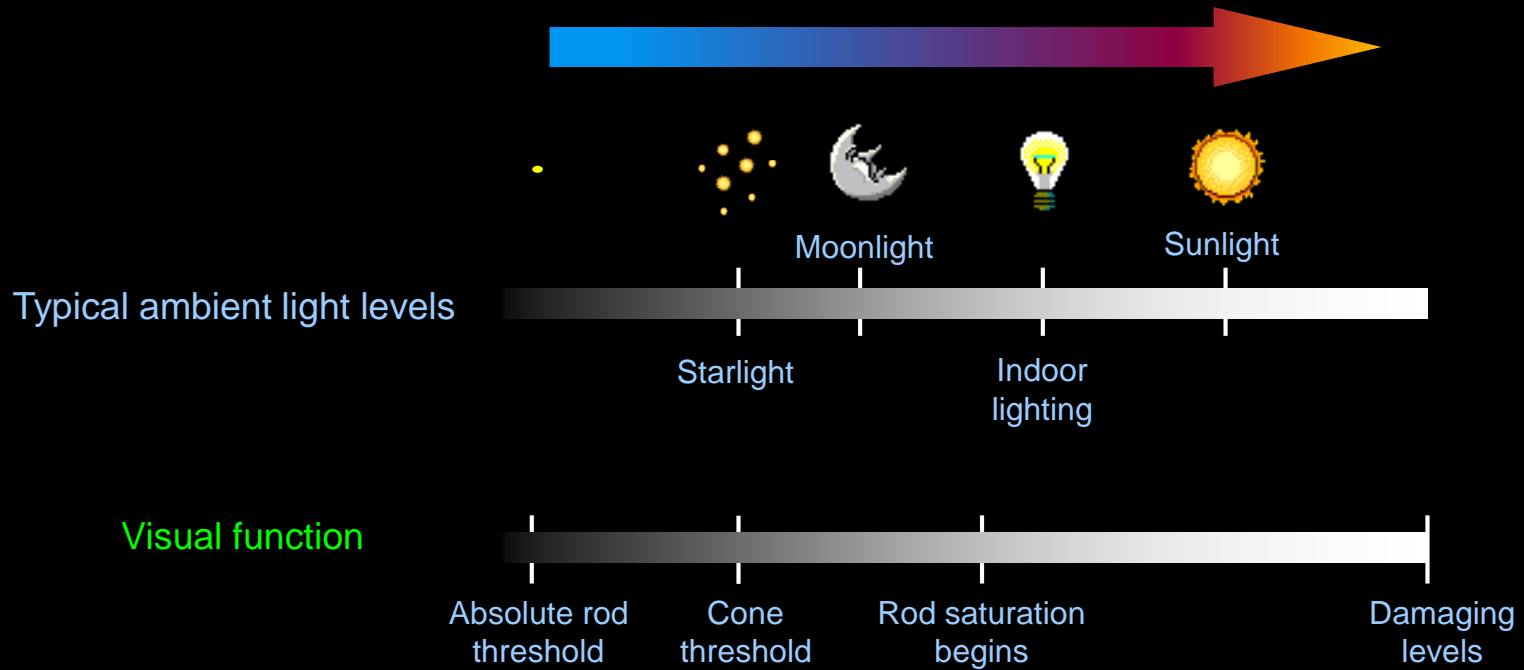
Images are formed directly on the retina creating good close up vision.



The lens ages and stiffens. Images are formed behind the retina causing blurry close up vision.

Rods and cones: why do we have  
two types of photoreceptor?

Our vision has to operate over an enormous range of  $10^{12}$  (1,000,000,000,000) levels

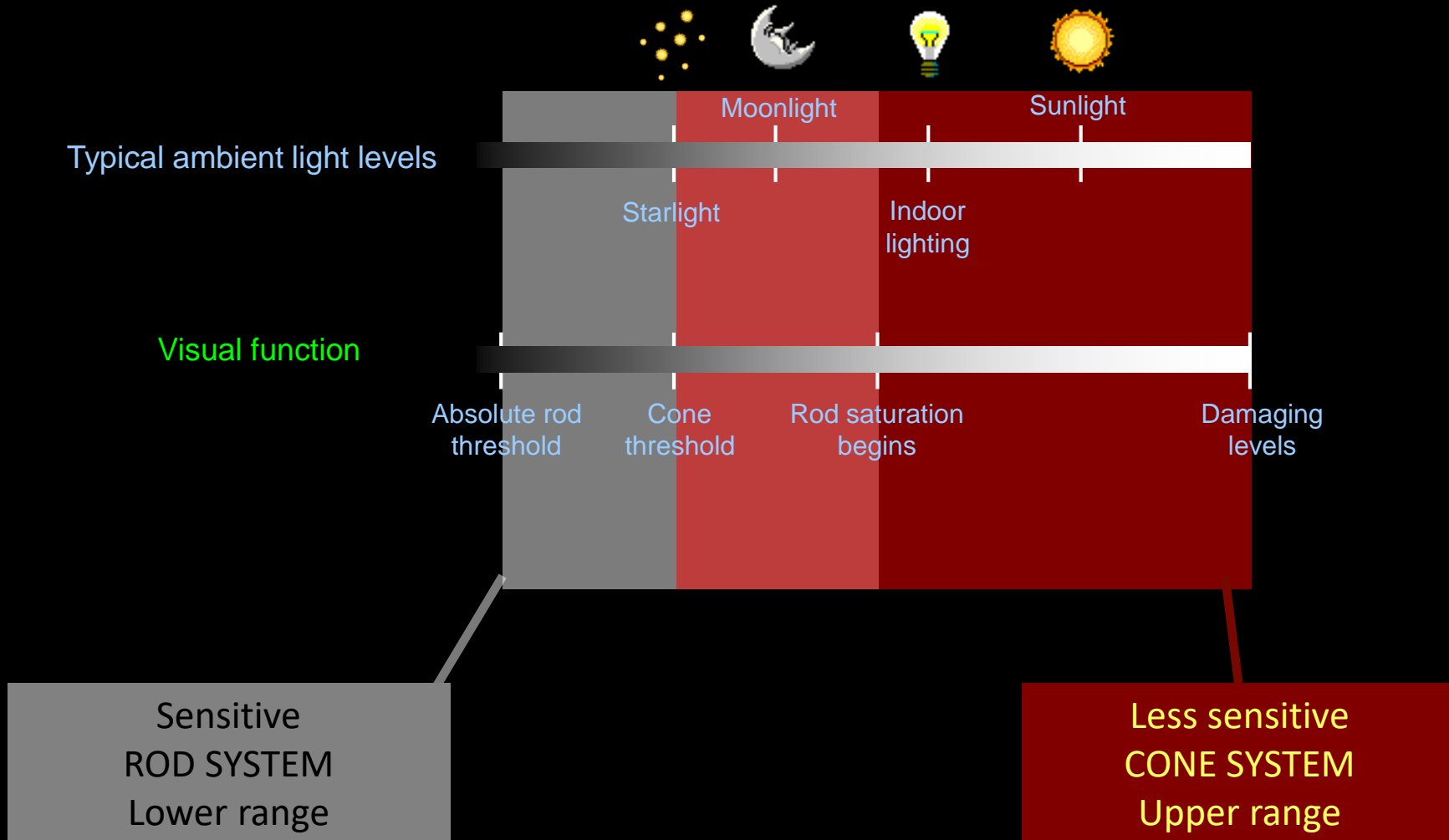


To cover that range we have two different types of photoreceptor...

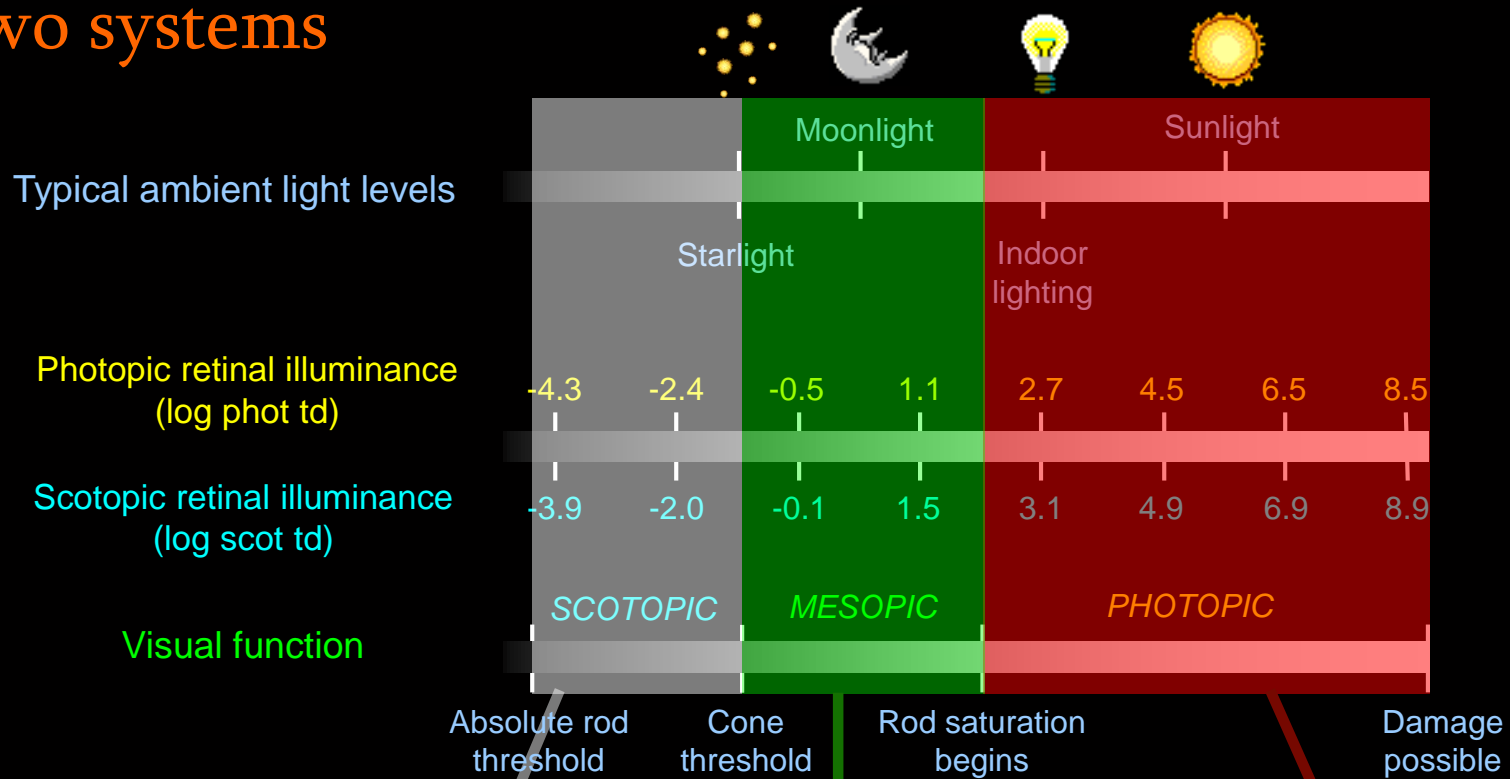


Rods that are optimized for low light levels

Cones that are optimized for higher light levels



# Two systems



**Scotopic levels**  
 (below cone threshold)  
 where rod vision  
 functions alone.  
 A range of c.  $10^{3.5}$

**Mesopic levels**  
 where rod and cone  
 vision function  
 together.  
 A range of c.  $10^3$

**Photopic levels**  
 (above rod saturation)  
 where cone vision  
 functions alone.  
 A range of  $> 10^6$

## Rod vision

- Achromatic
- High sensitivity
- Poor detail and no colour



## Cone vision

- Achromatic and chromatic
- Lower sensitivity
- Detail and good colour



# ROD AND CONE DIFFERENCES

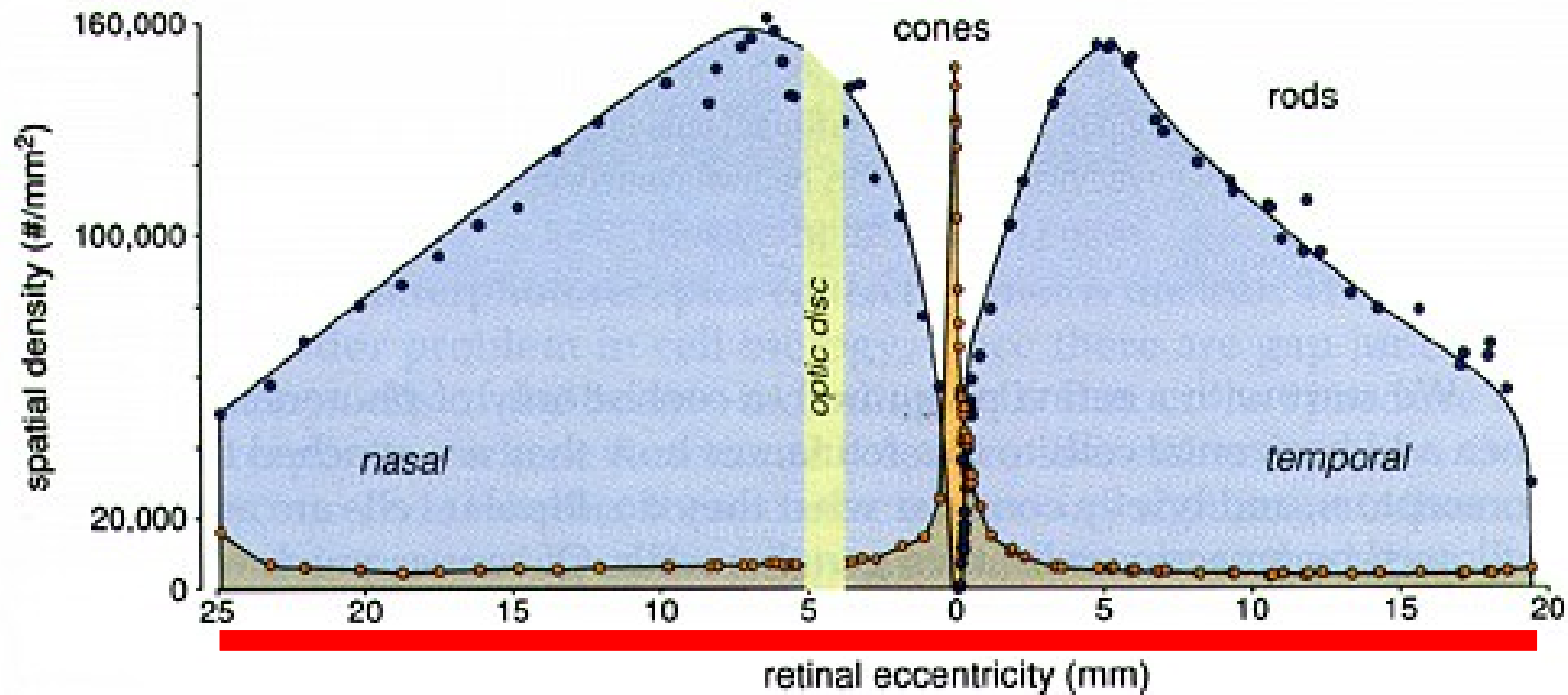
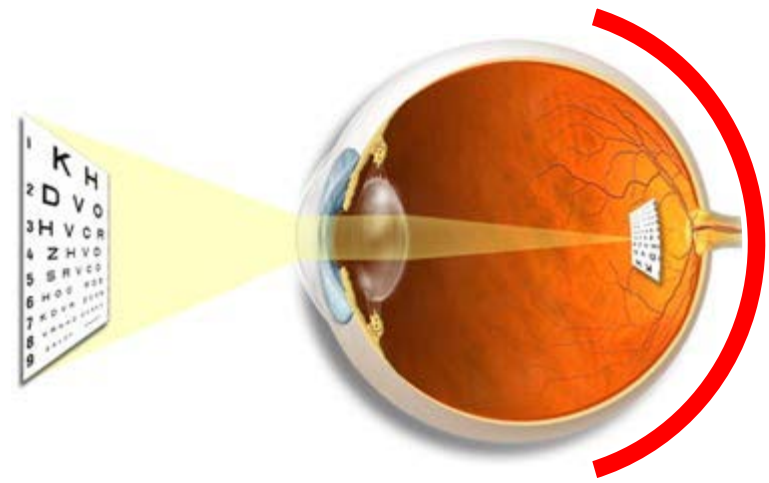
Differences in the number  
and distribution of cone  
and rod photoreceptors

## Facts and figures

There are about 120 million rods. They are absent in the central 0.3 mm diameter area of the fovea, known as the *fovea centralis*.

There are only about 6 to 7 million cones. They are much more concentrated in the fovea.

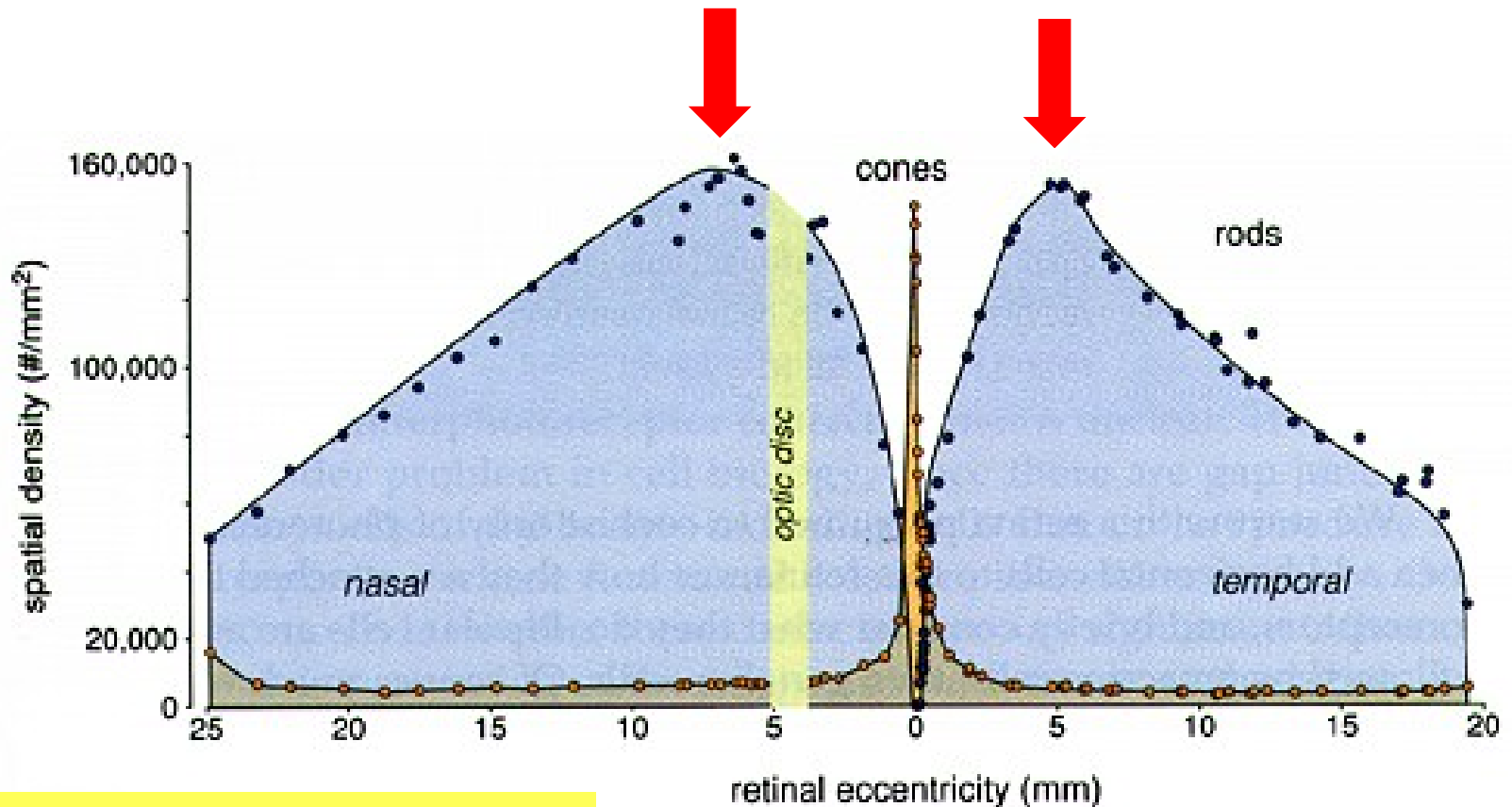
# Rod and cone distribution



0.3 mm of eccentricity is about 1 deg of visual angle

after Österberg, 1935; as modified by Rodieck, 1988

Rod density peaks at about 20 deg eccentricity



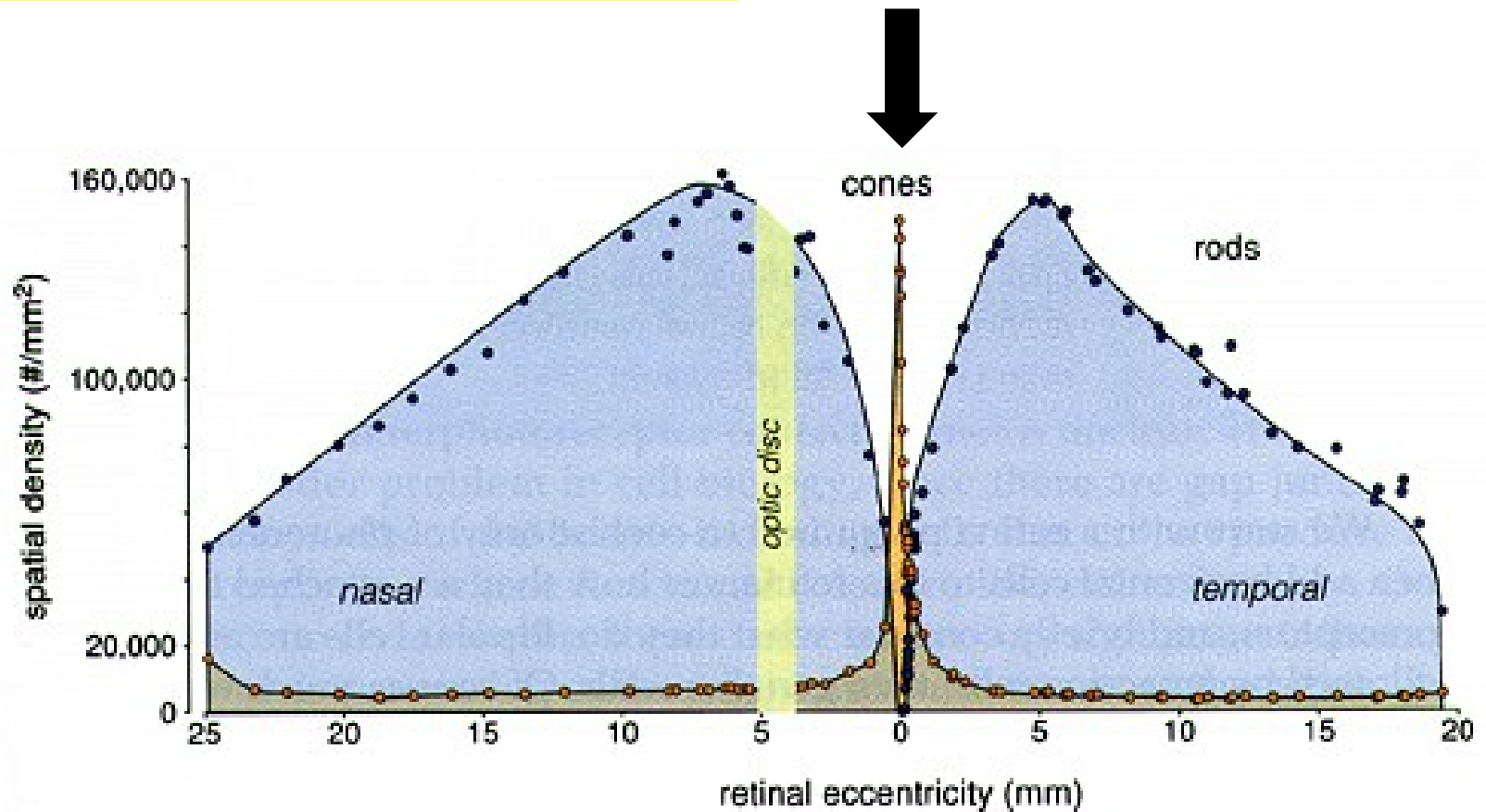
At night, you have to look away from things to see them in more detail

after Österberg, 1935; as modified by Rodieck, 1988



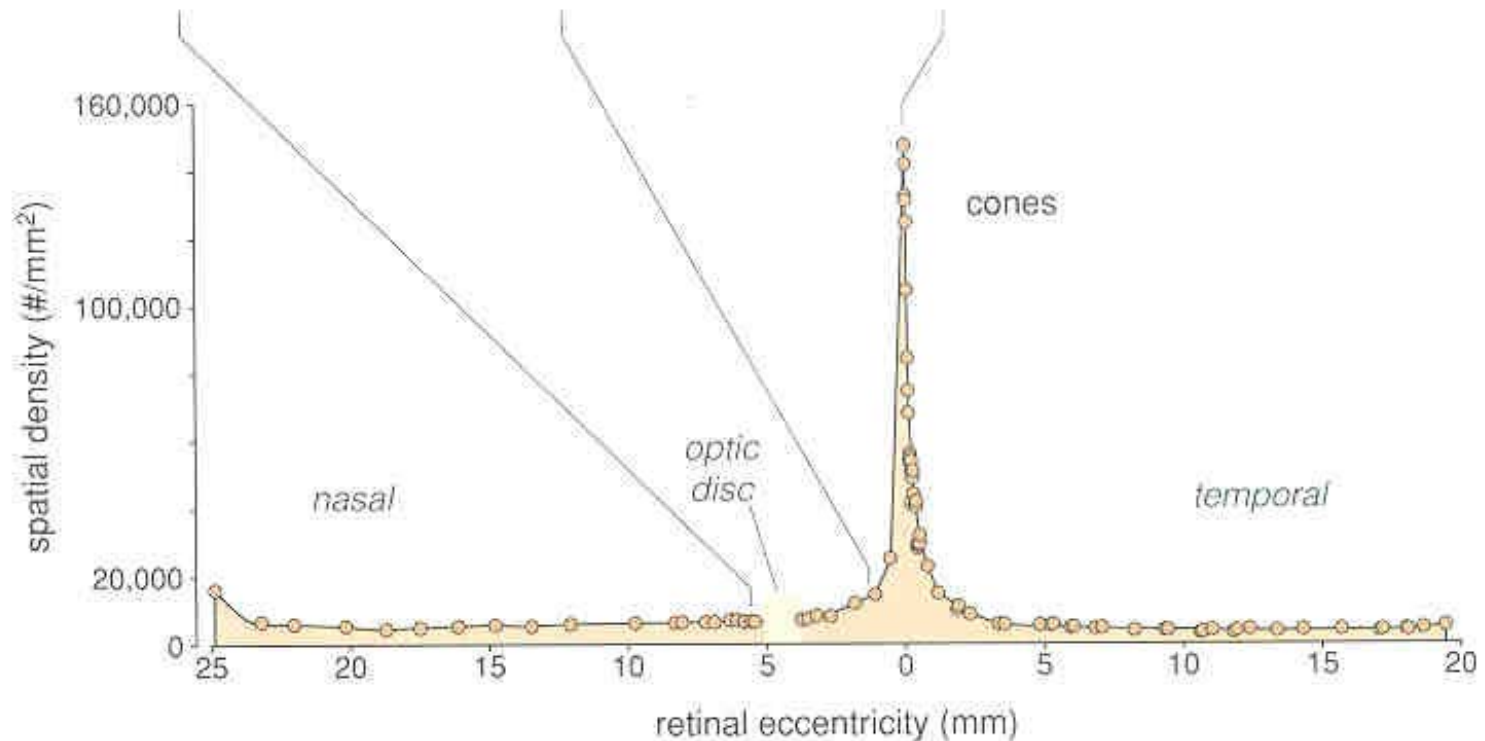
During the day, you have to look at things directly to see them in detail

Cones peak at the centre of vision at 0 deg



after Østerberg, 1935; as modified by Rodieck, 1988

# Cone distribution and photoreceptor mosaics



after Østerberg, 1935; as modified by Rodieck 1988;  
micrographs from Curcio et al., 1990

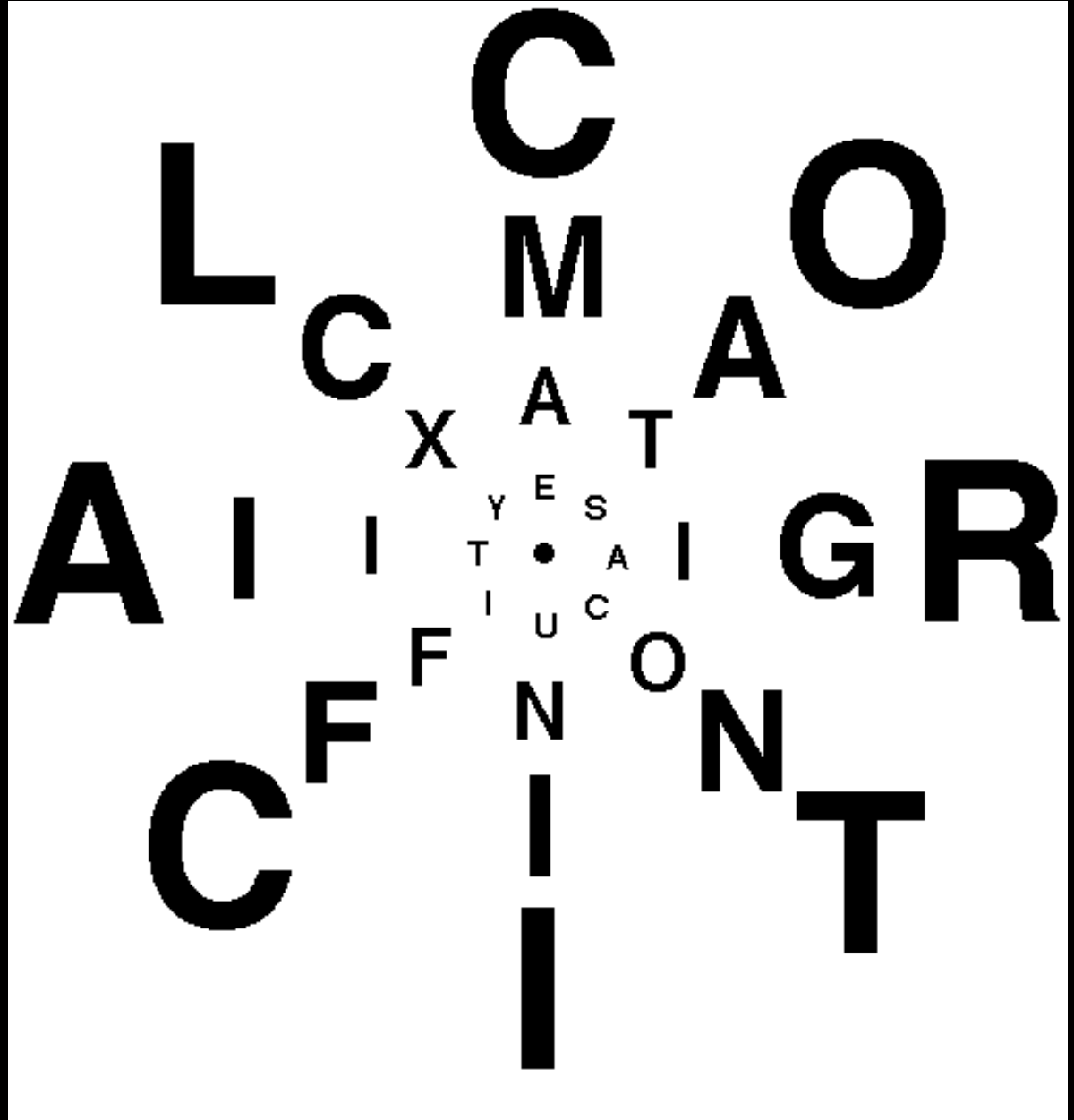
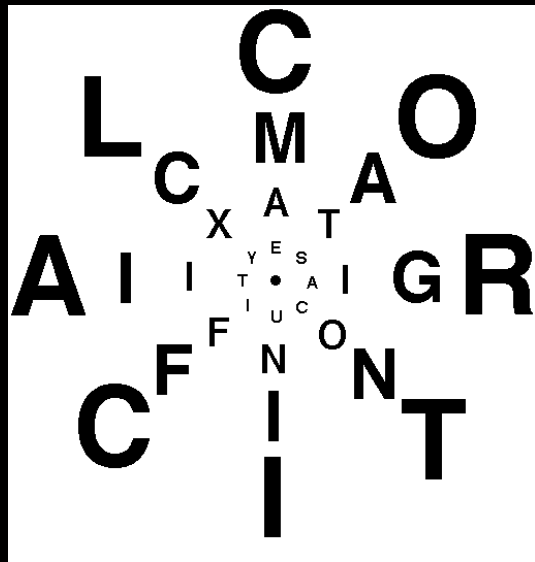
Original photograph



## The human cone visual system is a foveating system

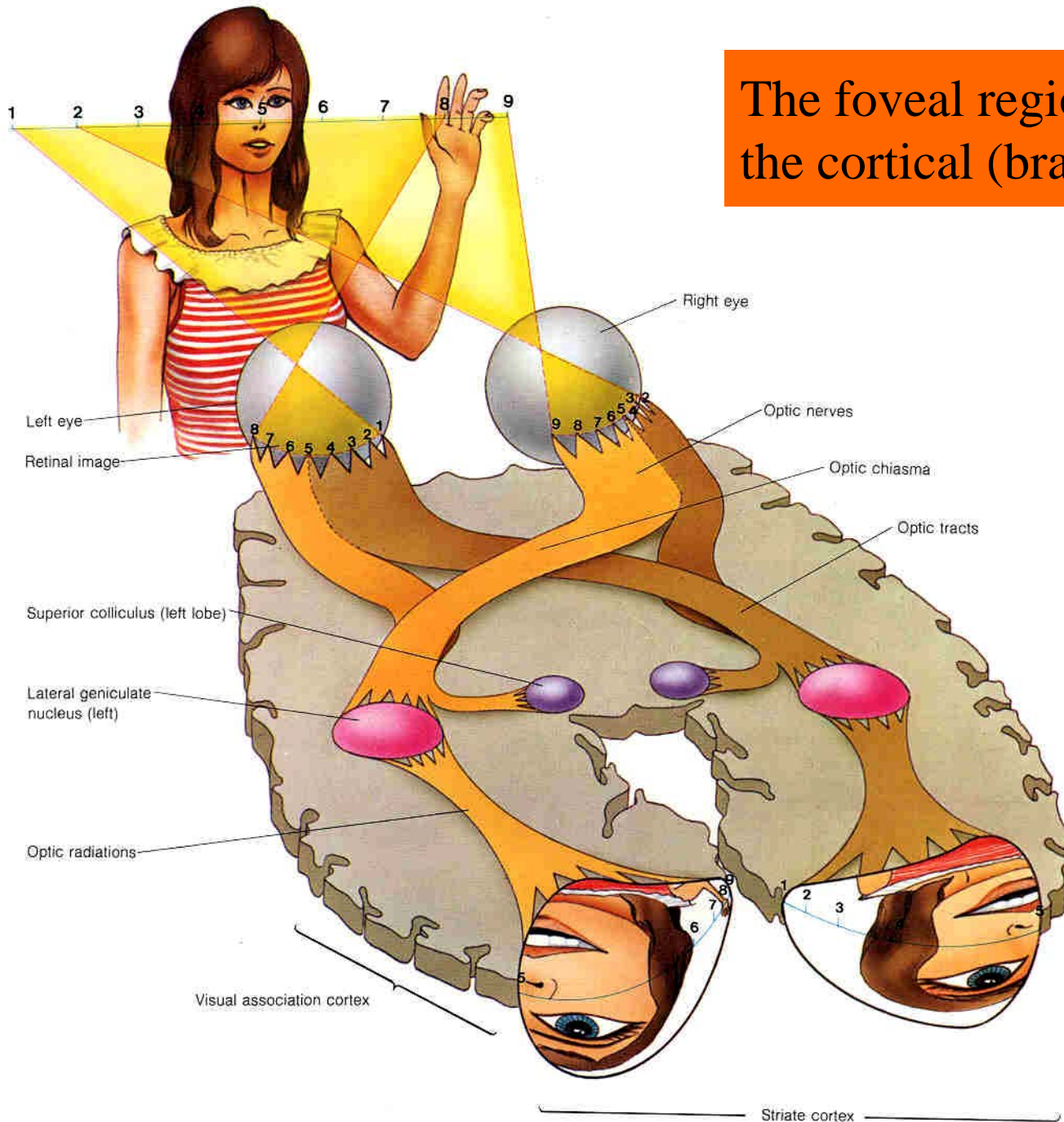
Simulation of what we see when we fixate with cone vision...





Visual acuity gets much poorer with eccentricity

The foveal region is magnified in the cortical (brain) representation



Rod vision is more sensitive than cone  
vision



# Rod and cone threshold versus intensity curves

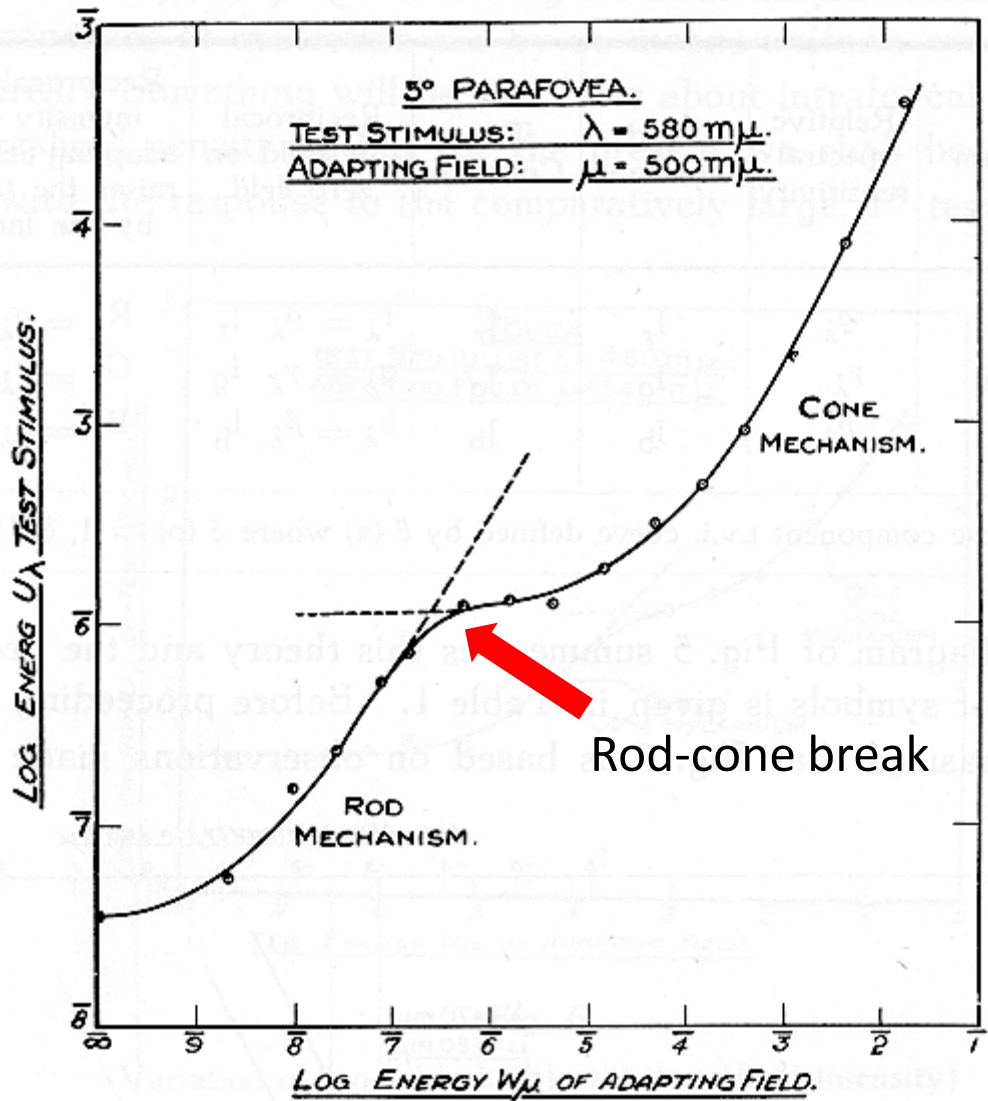


Fig. 4.

Variation of log (threshold) with log (field intensity) for a 1° flashing test stimulus of yellow light (exposure time 0.063 sec.) on a blue-green field: 5°- parafoveal vision. (Stiles, 1939)

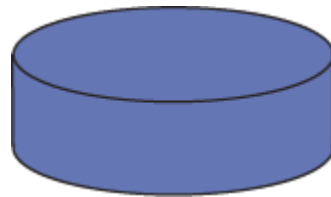


Rods are about one thousand times more sensitive than cones. They can be triggered by individual photons.

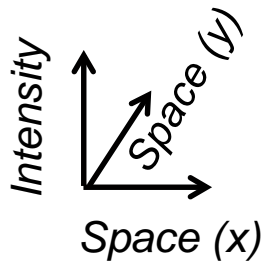
# Rod and cone spectral sensitivity differences

# Threshold versus target wavelength measurements

Incremental flash

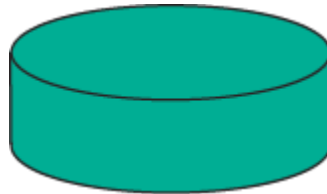


10-deg eccentric fixation

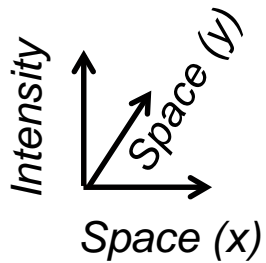


# Threshold versus target wavelength measurements

Incremental flash

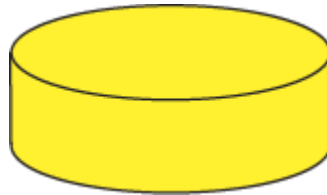


10-deg eccentric fixation

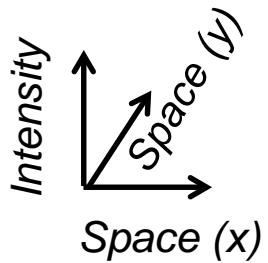


# Threshold versus target wavelength measurements

Incremental flash

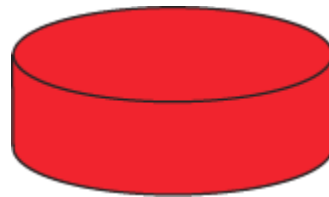


10-deg eccentric fixation

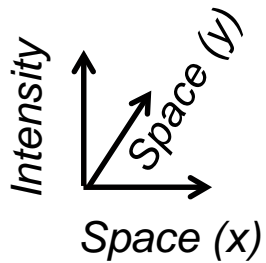


# Threshold versus target wavelength measurements

Incremental flash



10-deg eccentric fixation



# Rod and cone spectral sensitivity curves

Plotted as “thresholds” versus wavelength curves

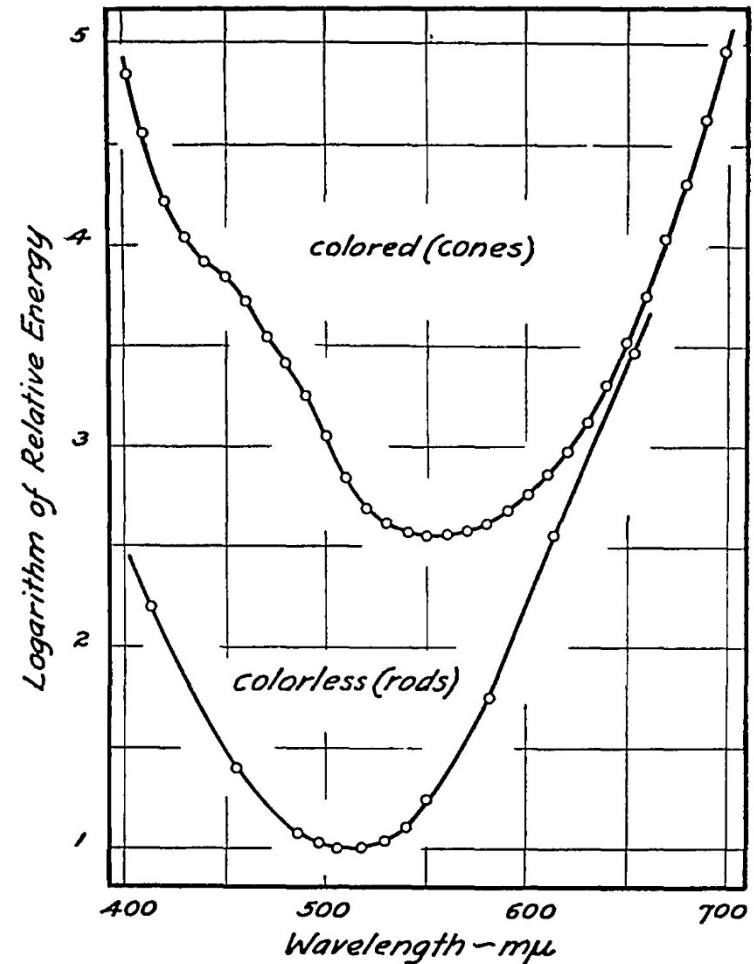
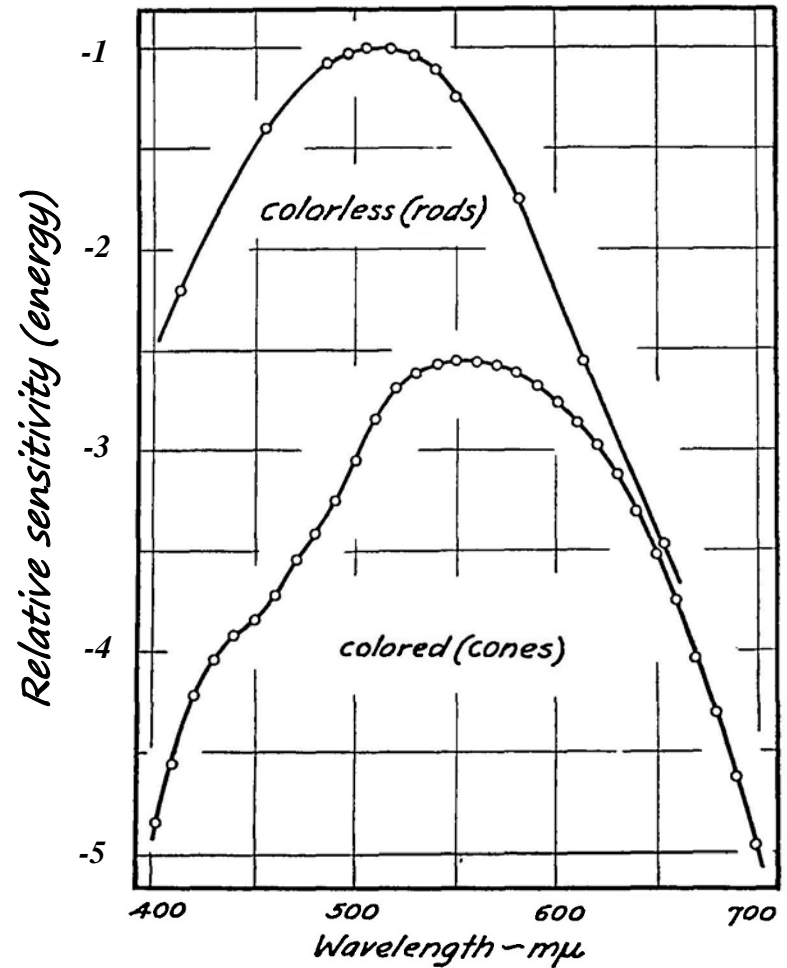


FIG. 2. Spectrum sensibility curves for rod and cone vision on a real energy basis. The data for the separate curves are from the same sources as in Fig. 1. The position of the two curves on the ordinates corresponds to the fact that after complete dark adaptation, any region of the retina outside the fovea sees red light of 650 mμ as colorless at the threshold, and as colored only above the threshold. The precise energy increment above the threshold for the appearance of color (cone function) varies for different parts of the retina; in the parafovea it lies between 0.1 and 1.0 log unit.

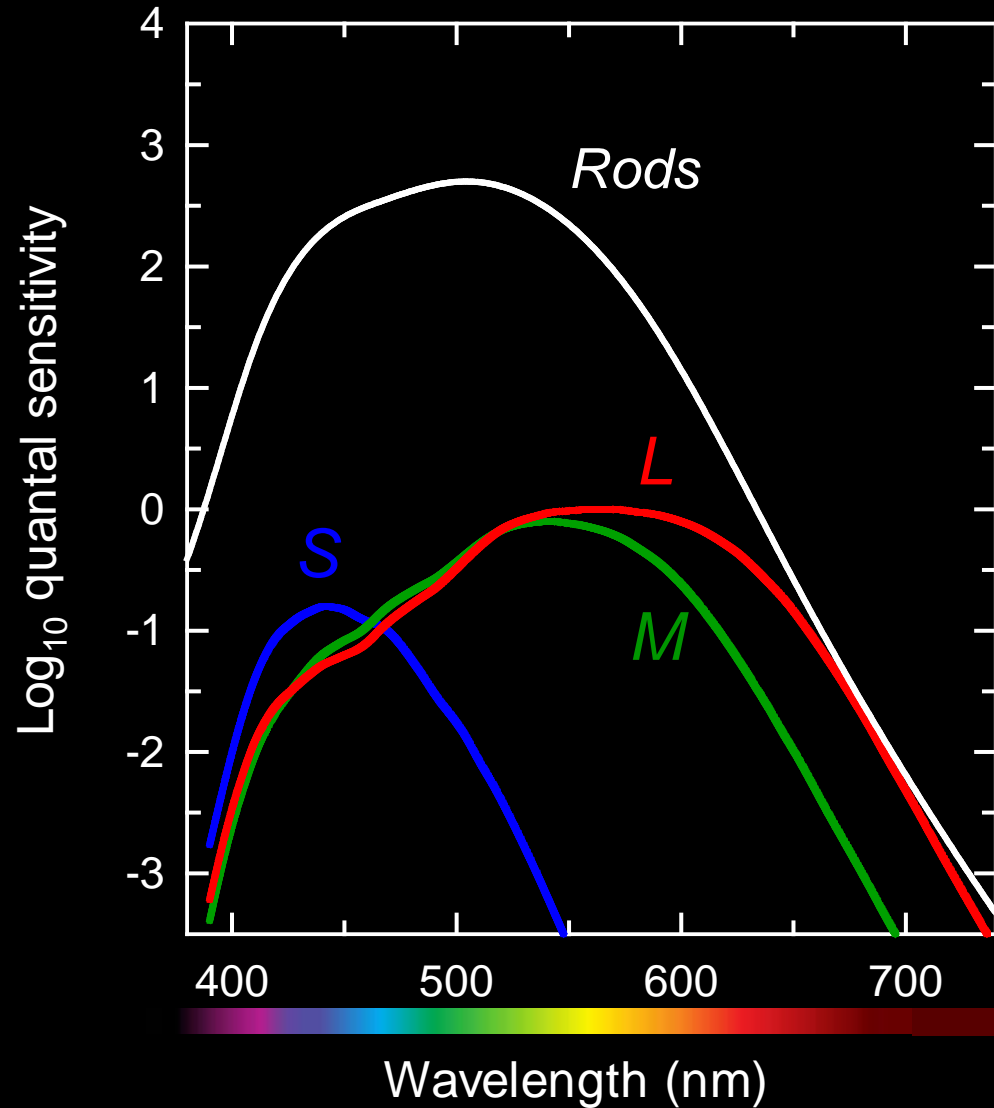
Plotted as the more conventional spectral “sensitivity” curve



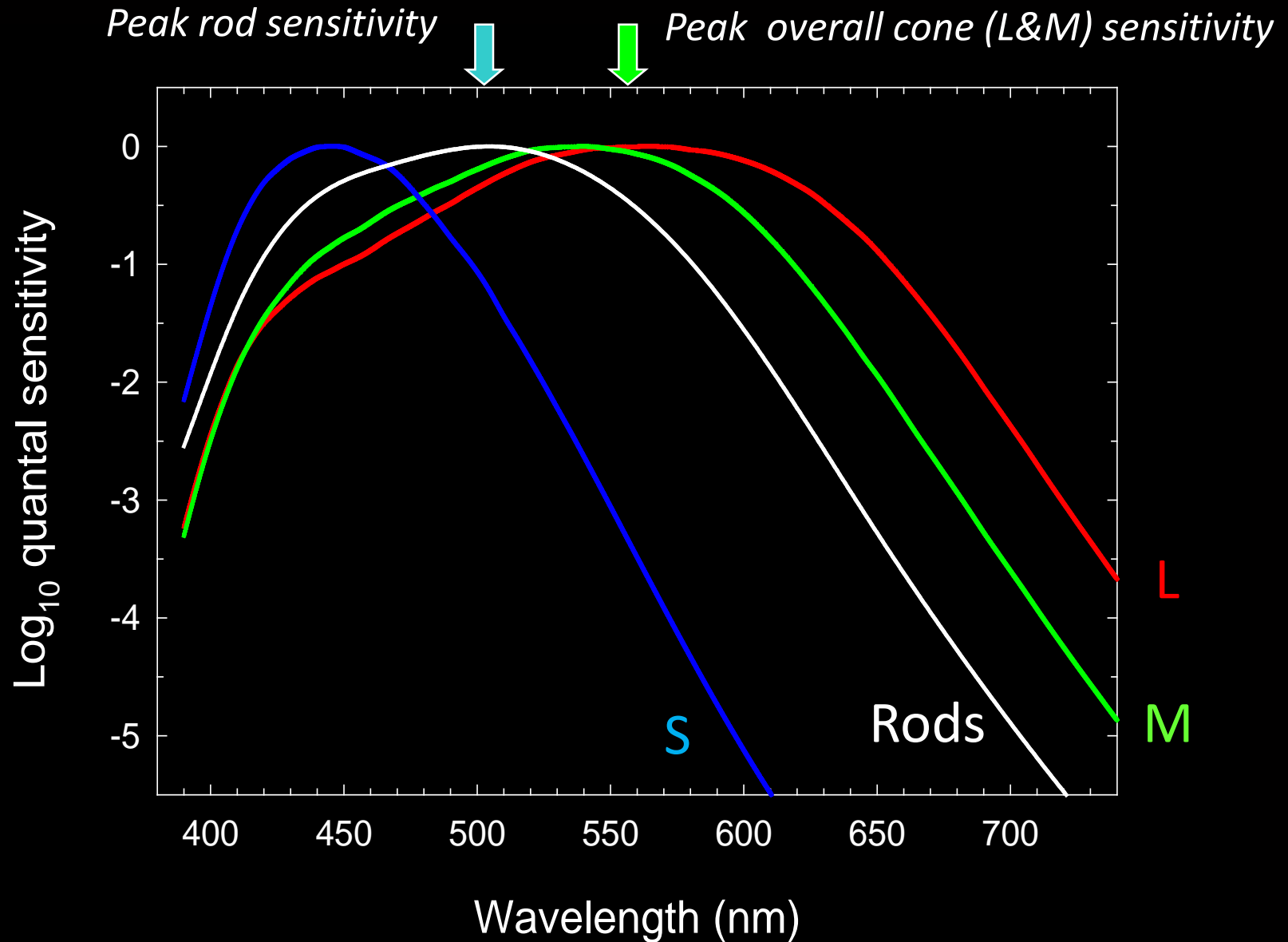
Sensitivity = 1/threshold  
or  
 $\log(\text{sensitivity}) = -\log(\text{threshold})$



Approximate dark-adapted photoreceptor sensitivities.



# Spectral sensitivities and the Purkinje shift



## The Purkinje Shift



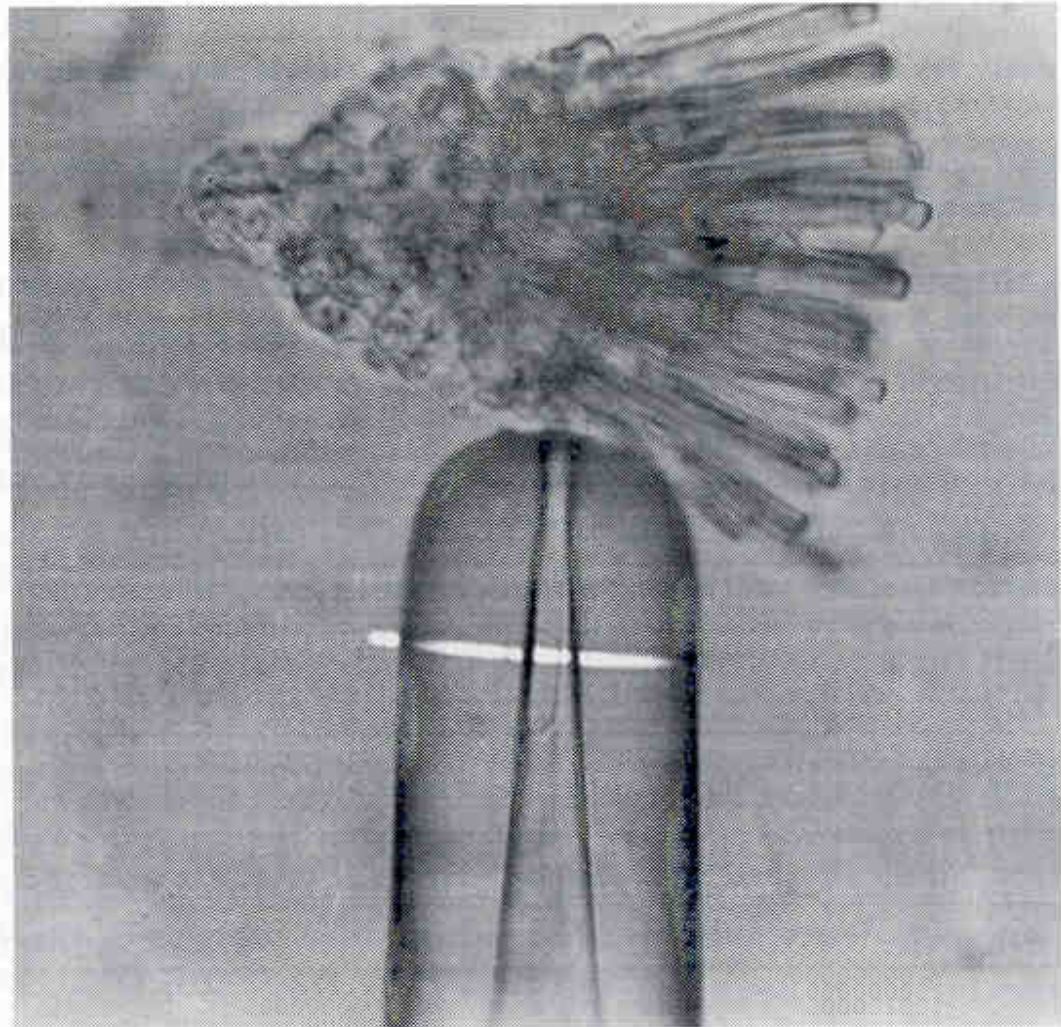
A change in the relative brightness of colours as the light level changes because of the difference in spectral sensitivity between rod and cone vision (*e.g.*, reds and oranges become darker as rods take over)

Simulated: Dick Lyon & Lewis Collard at Wikimedia

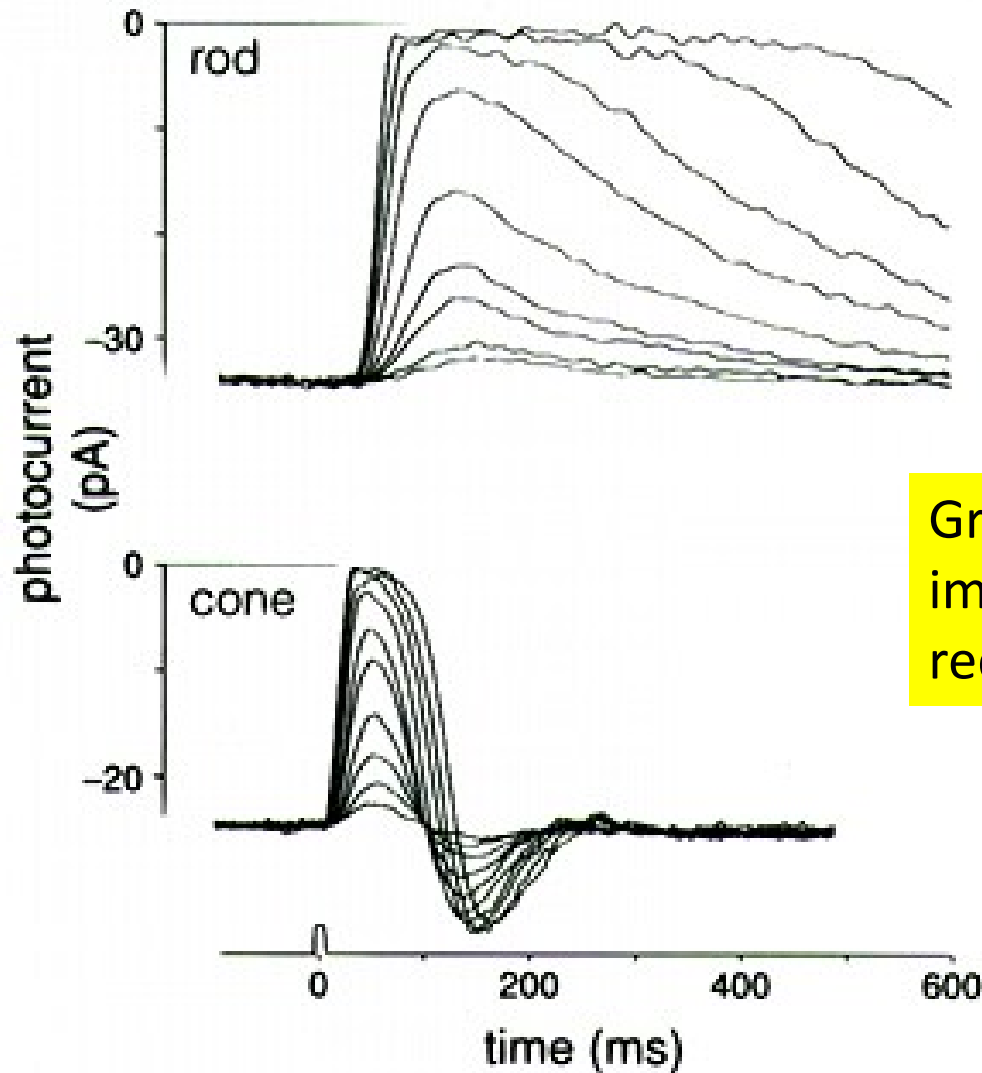
Rod and cone temporal differences

# Suction electrode recording

**4.15 MEASURING CONE PHOTOCURRENTS.** The image shows a portion of macaque retina suspended in solution. A single photoreceptor from this retinal section has been drawn into a micropipette and is being stimulated by a beam of light passing transversely through the photoreceptor and micropipette. Courtesy of Denis Baylor.



# Photocurrent responses



Greater temporal integration improves rod sensitivity (but reduces temporal acuity)

# Highest flicker rates that can just be seen (c.f.f.)

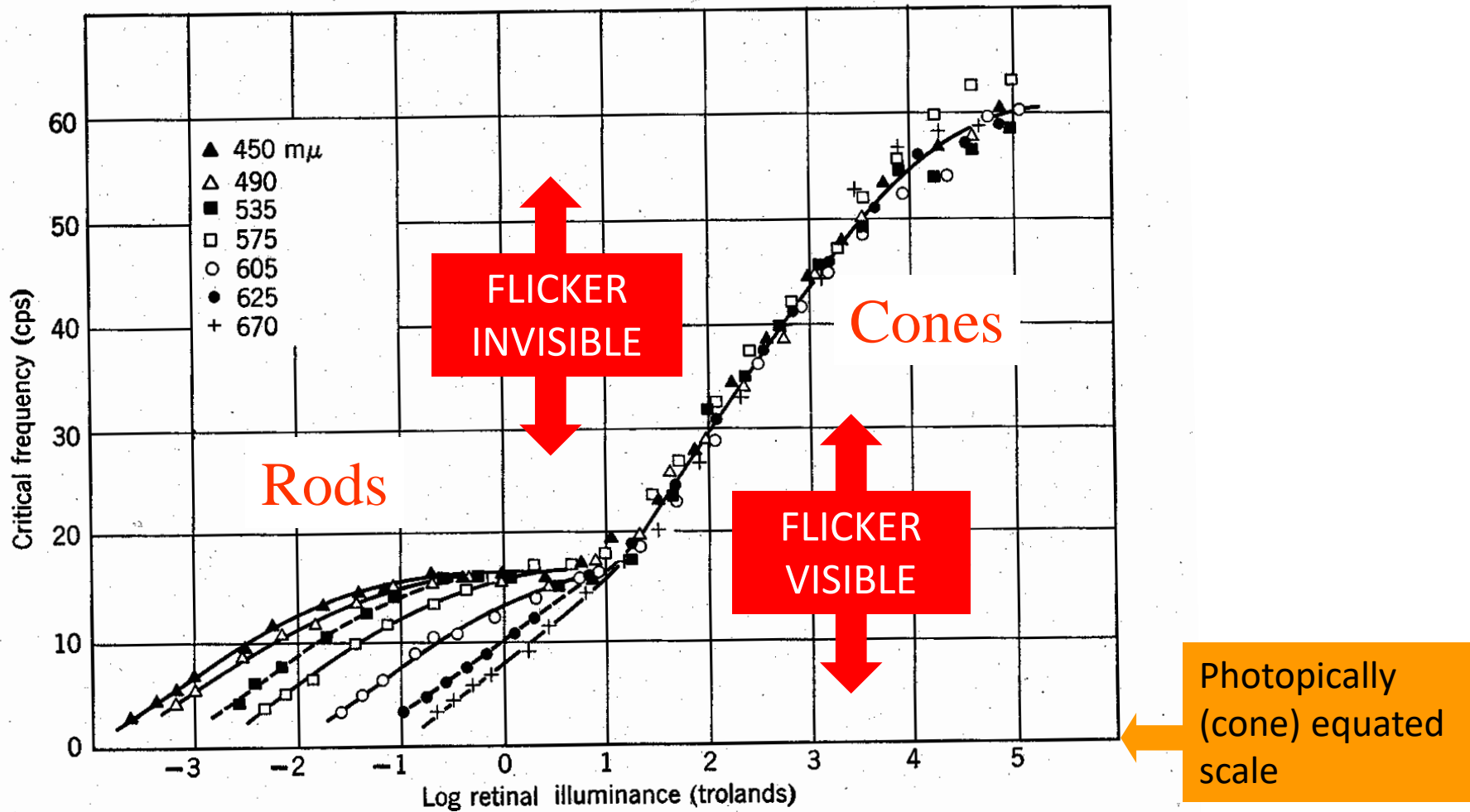


FIG. 10.6 Relation of CFF to log retinal illuminance for seven spectral regions. (Hecht and Shlaer, 1936. Reprinted by permission of The Rockefeller Institute Press from *The Journal of General Physiology*, 1936, 19, 956-979; Fig. 3.)

# Rod and cone spatial differences (visual acuity)

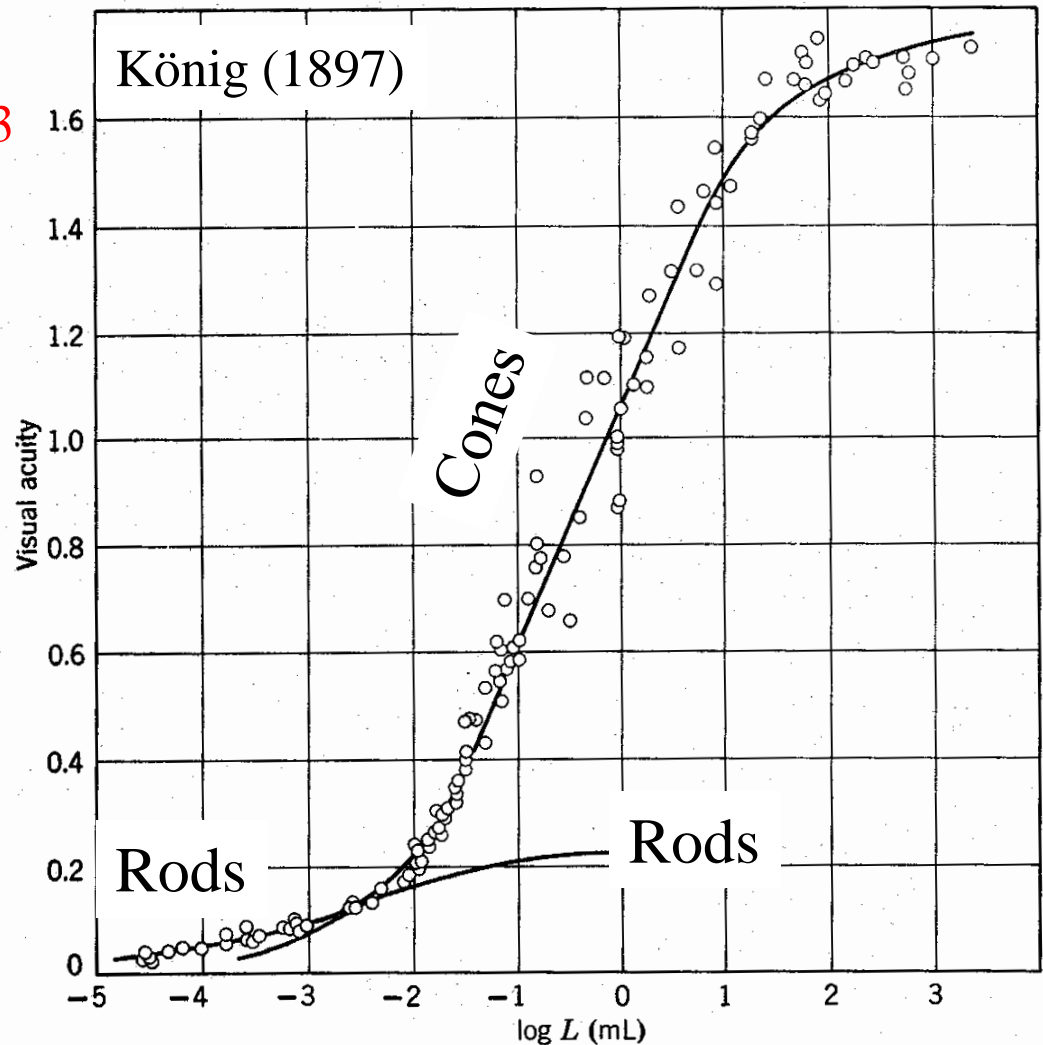
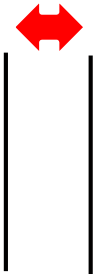


# Rod and cone visual acuities

$$1/1.6 = .63$$

$$1/1.0 = 1$$

$$1/0.2 = 5$$



The acuity here is defined as the *reciprocal* value of the size of the gap (measured in arc minutes) that can be reliably identified.

FIG. 11.14 König's data for the relation between visual acuity and illumination, as replotted by Hecht (1934). The shallow curve for the lower limb of the data is an equation for rods, whereas the upper curve is for cones. The task is one of recognizing the orientation of a hook form of test object.

# Rod and cone visual acuities

Greater spatial integration improves rod sensitivity but reduces acuity

The loss must be postreceptoral because the rods are smaller than cones in the periphery

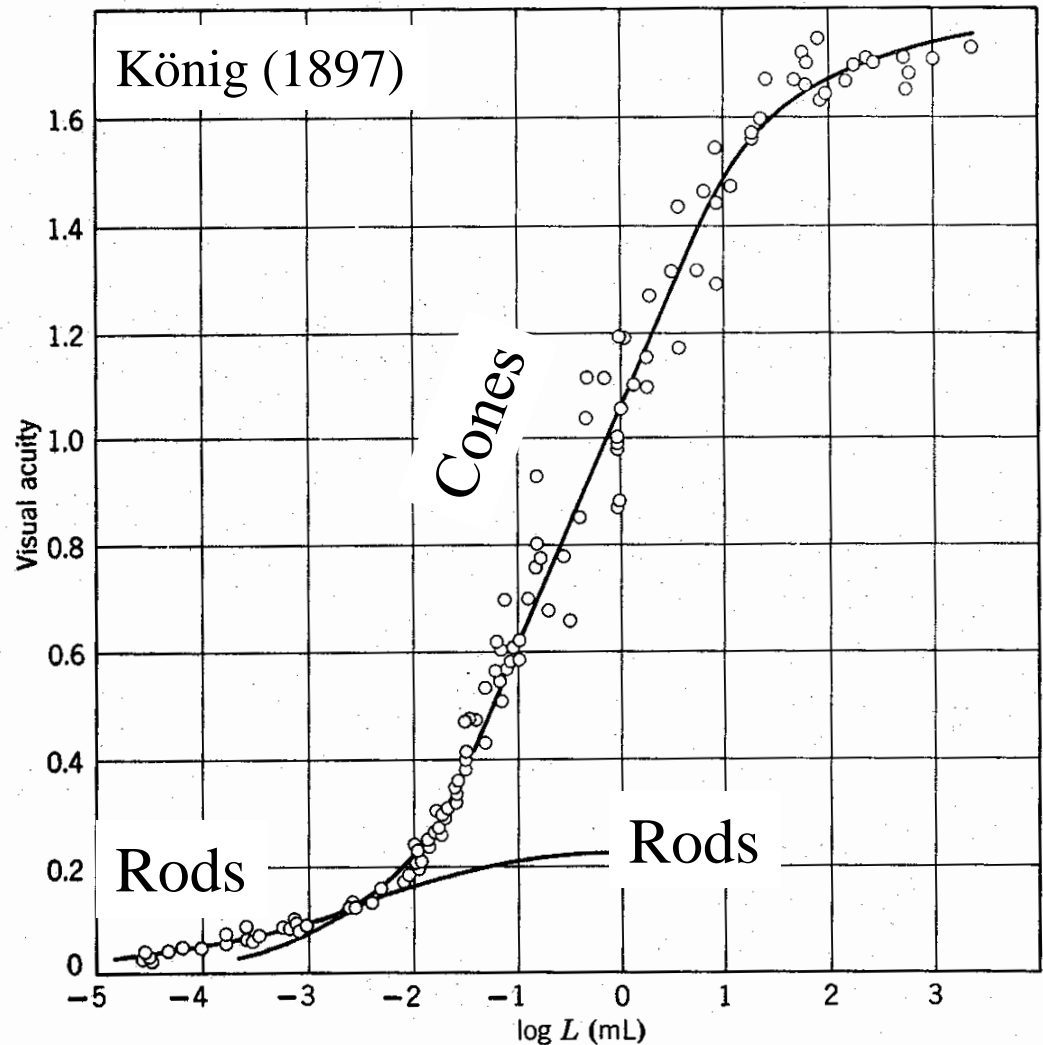
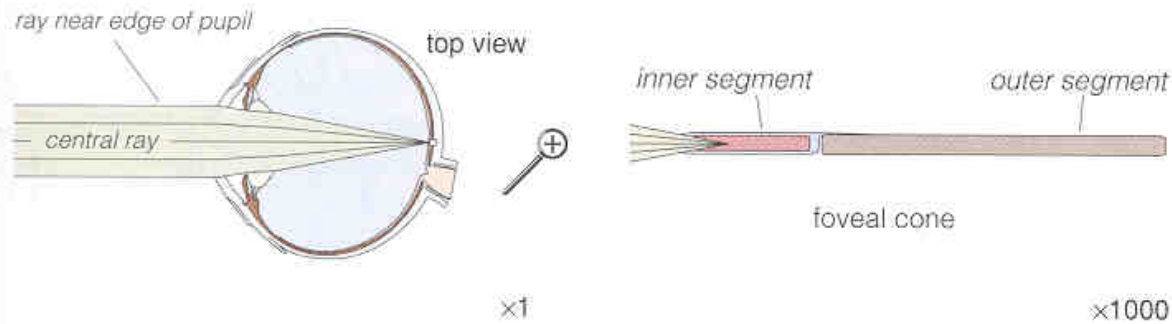


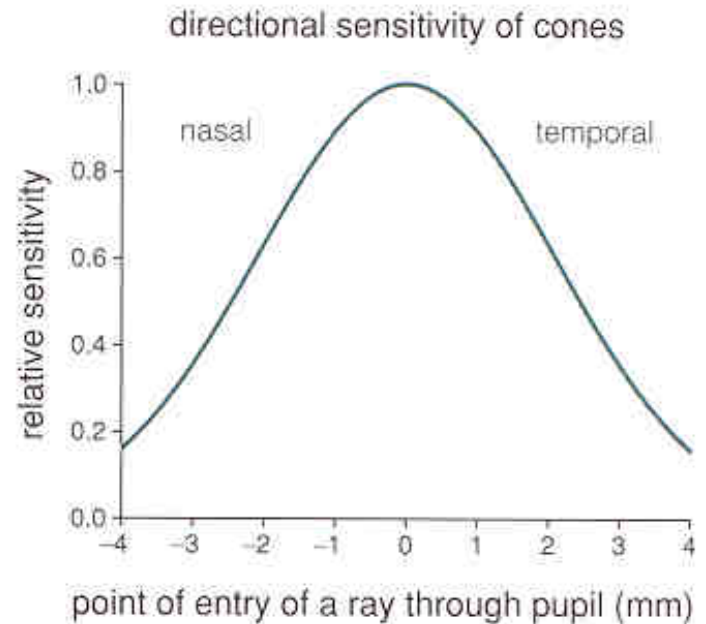
FIG. 11.14 König's data for the relation between visual acuity and illumination, as replotted by Hecht (1934). The shallow curve for the lower limb of the data is an equation for rods, whereas the upper curve is for cones. The task is one of recognizing the orientation of a hook form of test object.

# Rod and cone directional sensitivity differences



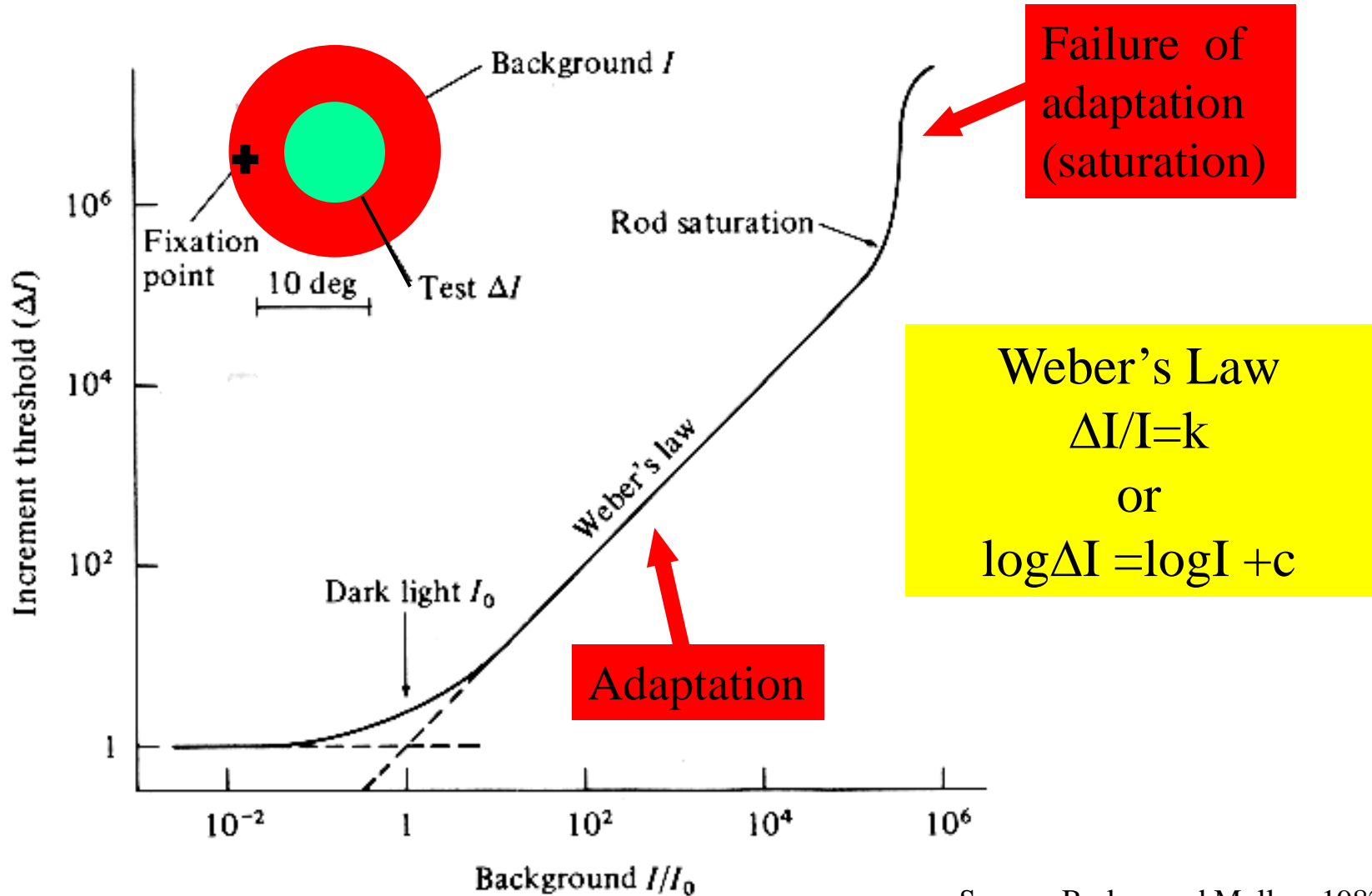
photons arrive at photoreceptors from different directions.

# Stiles-Crawford effect



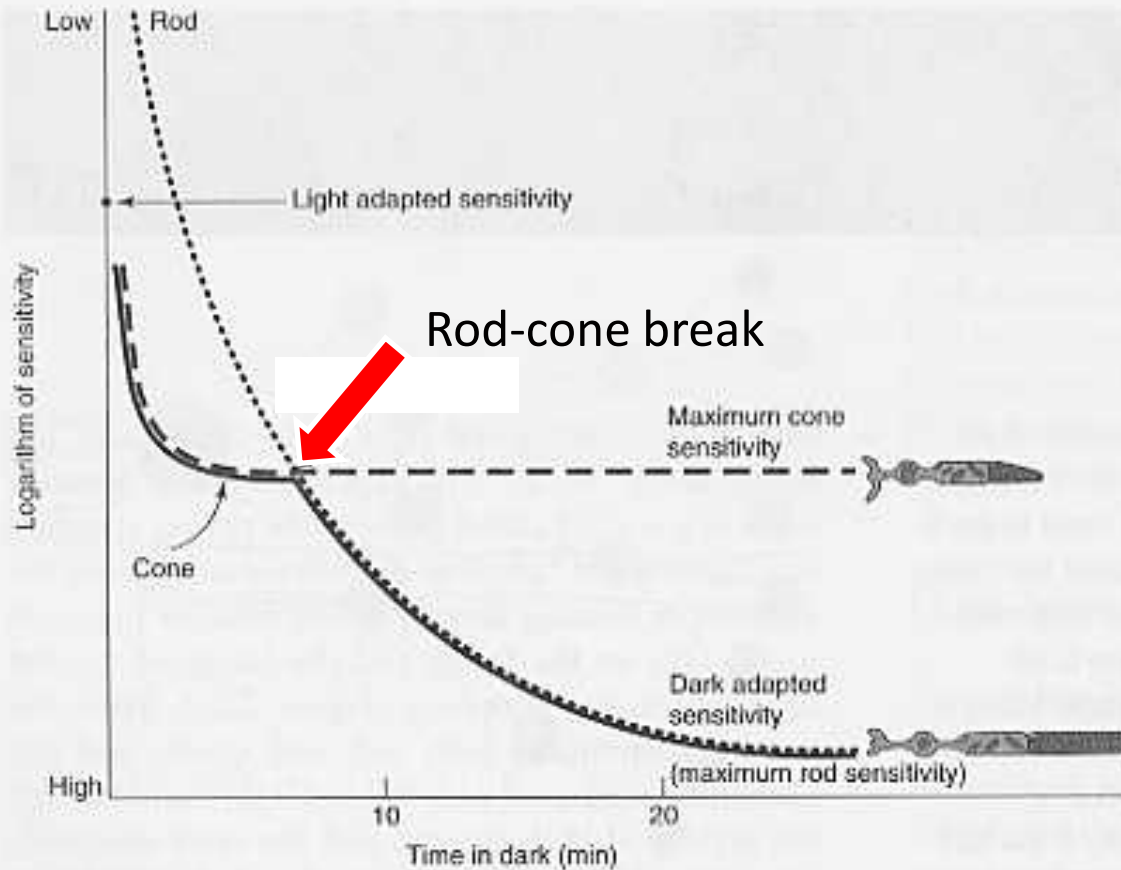
Rod vision saturates – under most conditions cone vision does not.

# Rod threshold versus intensity (tvi) curves



Rod dark adaptation takes much longer  
than cone dark adaptation

# Rod-cone dark adaptation curves





## Rod-cone dark adaptation curves

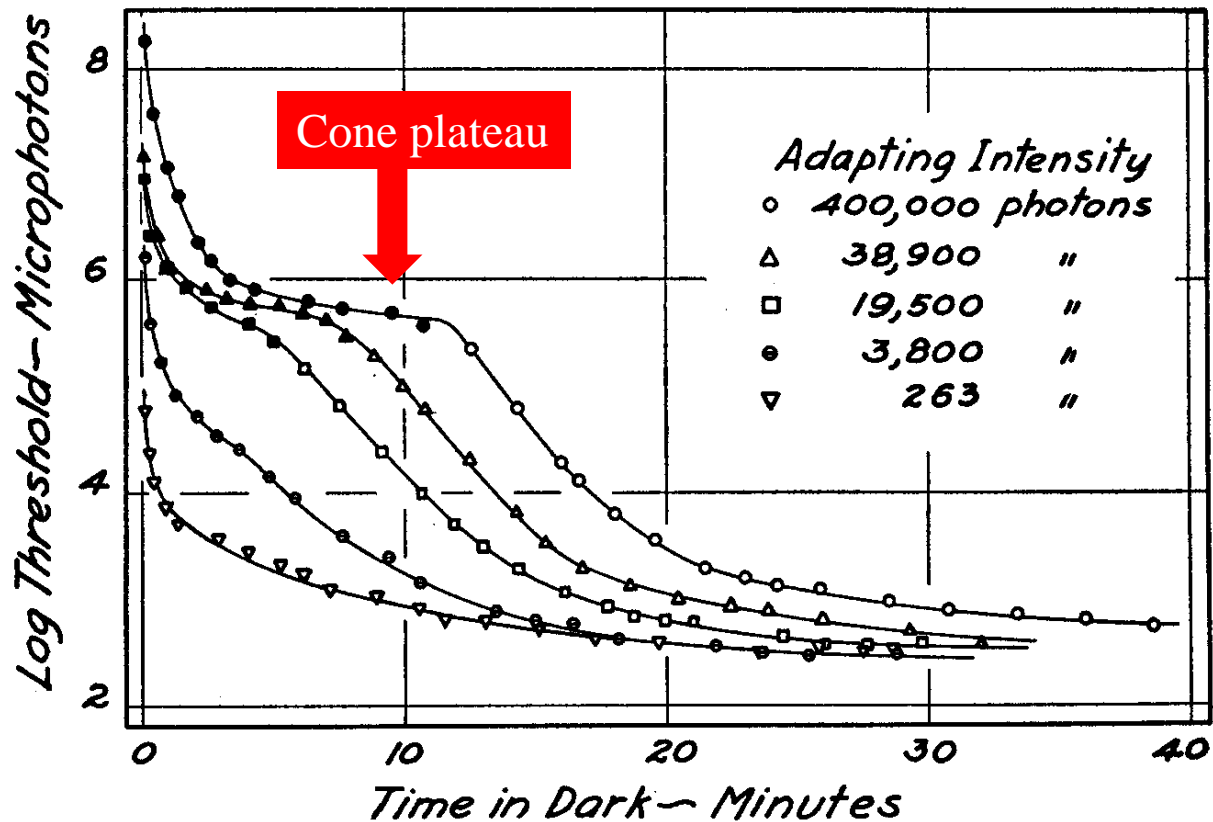
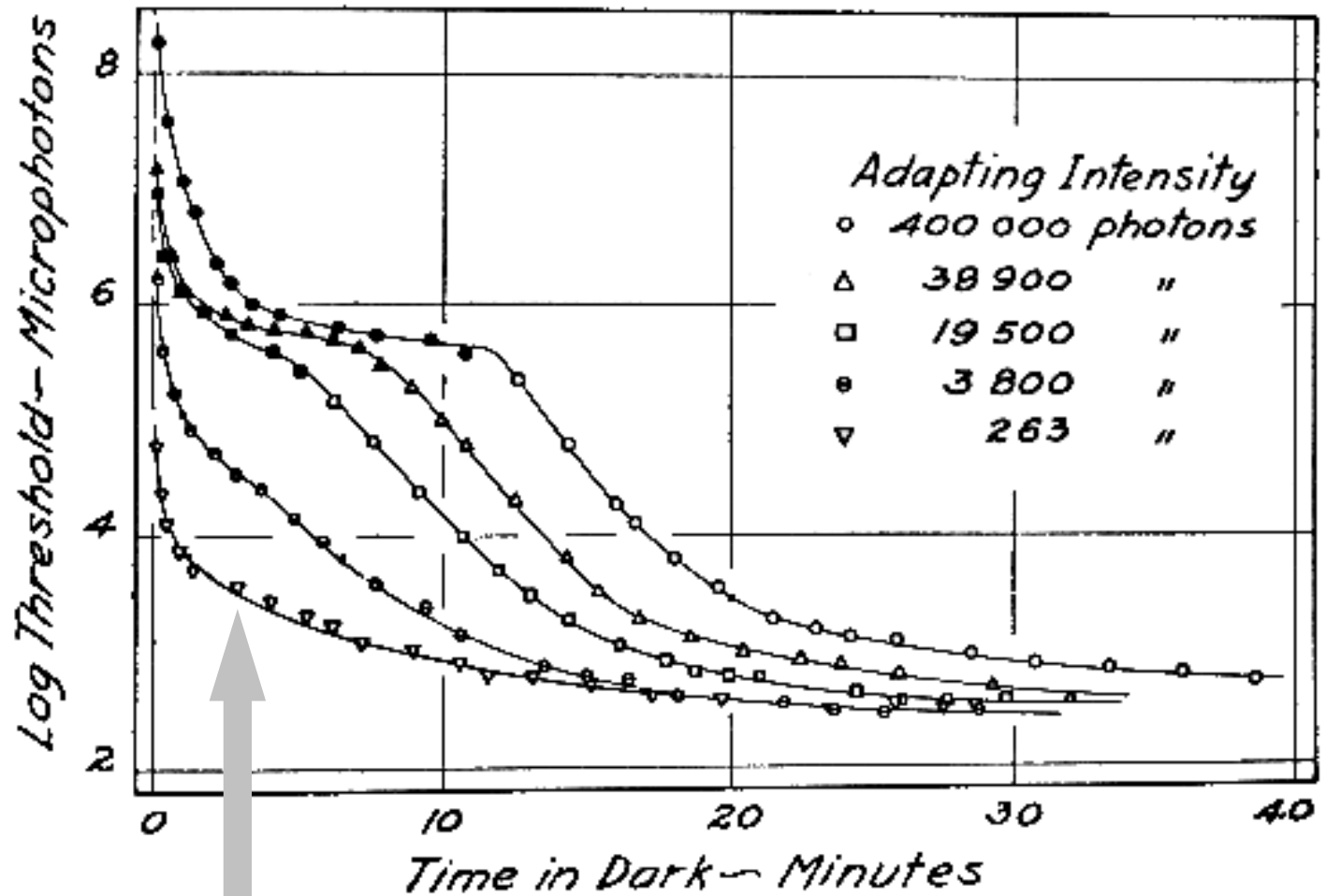


FIG. 2. The course of dark adaptation as measured with violet light following different degrees of light adaptation. The filled-in symbols indicate that a violet color was apparent at the threshold, while the empty symbols indicate that the threshold was colorless.

Rods take much longer to recover after a bleach than cones

From Hecht, Haig & Chase (1937)



The sensitivity loss during dark adaptation is much greater than the fraction of pigment bleached. For example, with a bleach of about 5% the sensitivity loss is more than 1000-fold. Rather than the lack of photopigment, it is the presence of a photoproduct that causes the sensitivity loss.

Cone vision is chromatic and rod  
vision is achromatic

## Rod vision

- Achromatic
- High sensitivity
- Poor detail and no colour



## Cone vision

- Achromatic and chromatic
- Lower sensitivity
- Detail and good colour



Rod vision is achromatic

Why?

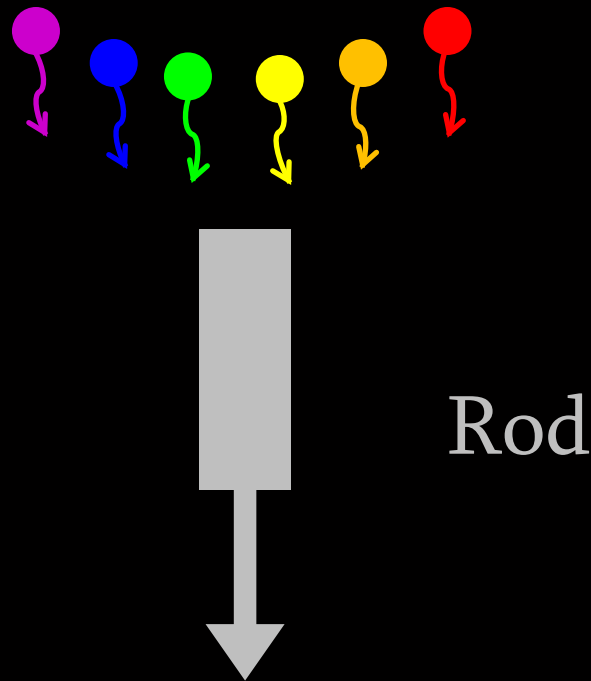
Vision at the photoreceptor stage is relatively simple because the output of each photoreceptor is:

**UNIVARIANT**

What does univariant mean?

# UNIVARIANCE

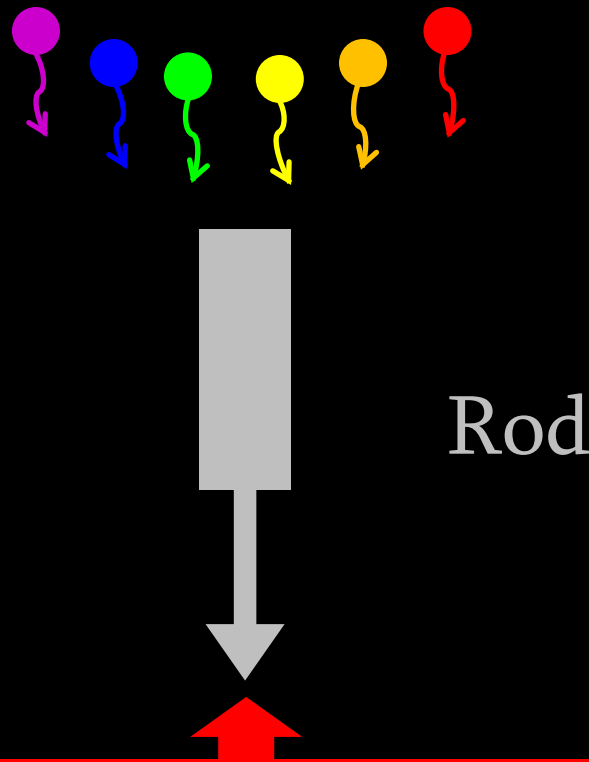
Crucially, the effect of any absorbed photon is *independent* of its wavelength.



*Once absorbed* a photon produces the *same* change in photoreceptor output whatever its wavelength.

# UNIVARIANCE

Crucially, the effect of any absorbed photon is *independent* of its wavelength.

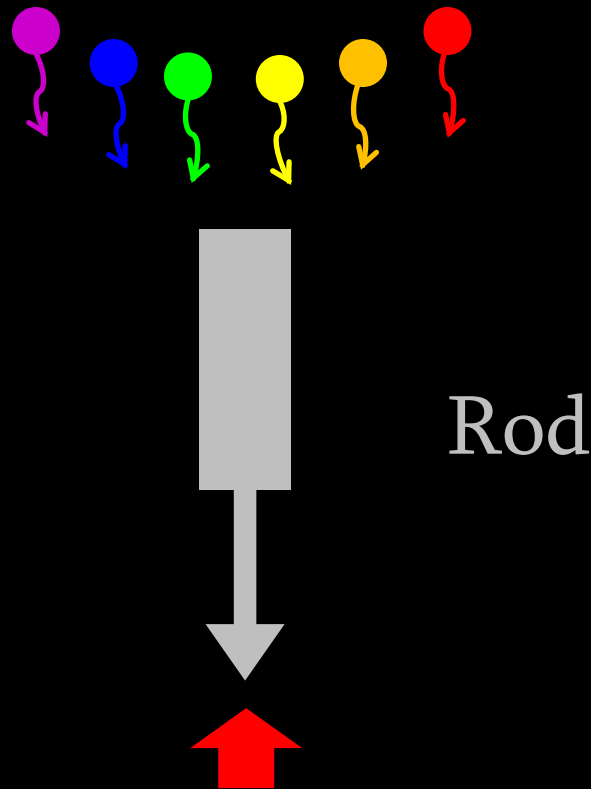


So, if you monitor the rod output, you can't tell which "colour" of photon has been absorbed.



# UNIVARIANCE

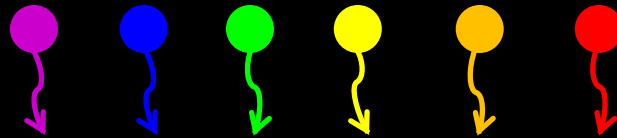
Crucially, the effect of any absorbed photon is *independent* of its wavelength.



All the photoreceptor effectively does is to count photons.

# UNIVARIANCE

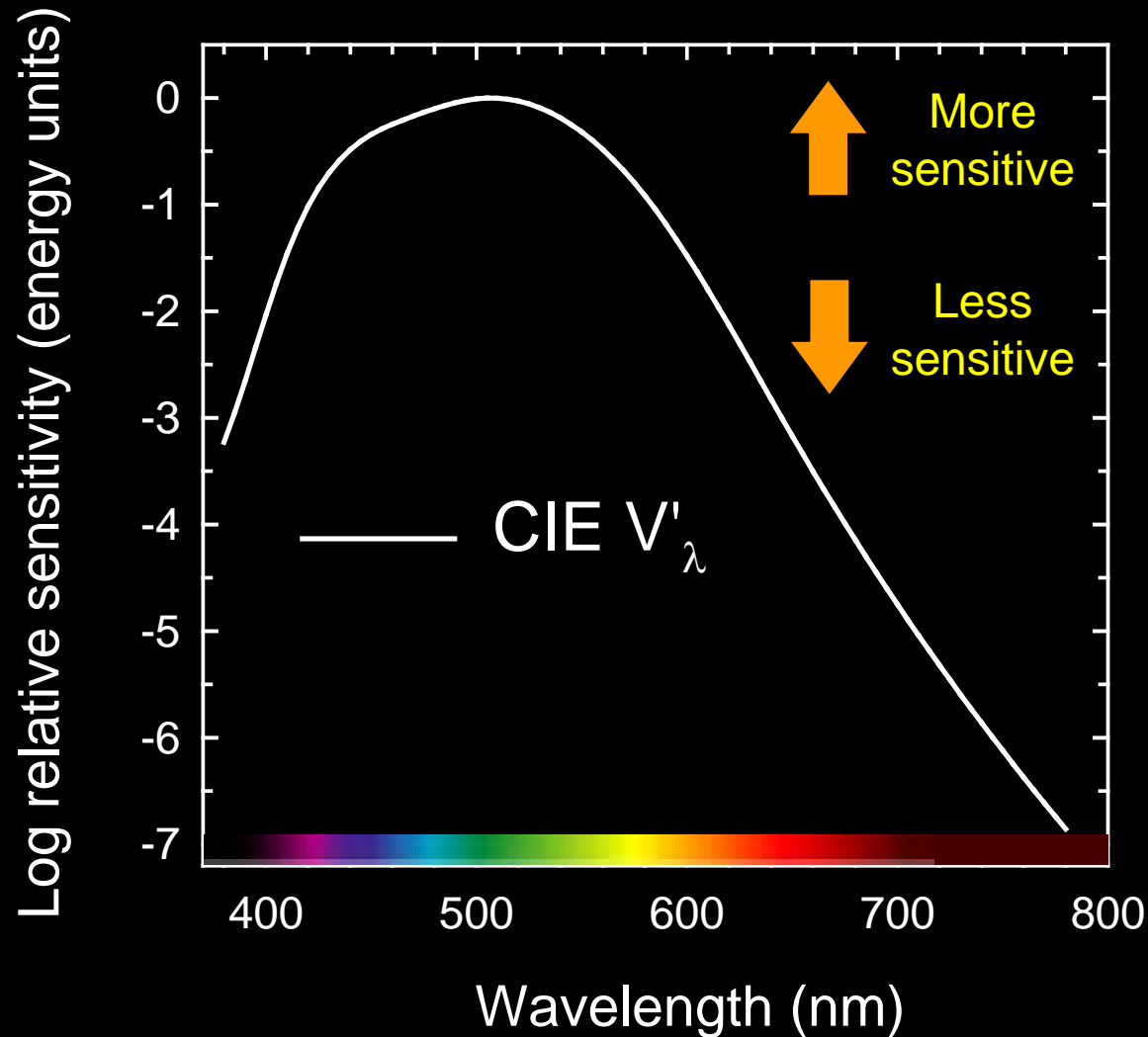
What does vary with wavelength is the **probability** that a photon will be absorbed.



This is reflected in what is called a “spectral sensitivity function”.

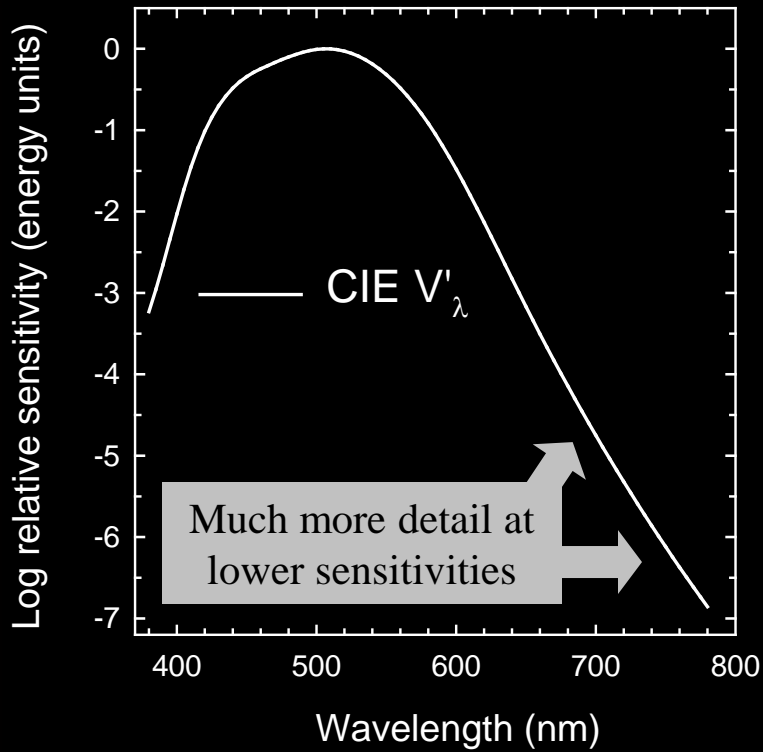
# Rod spectral sensitivity function

(also known as the scotopic luminosity curve, CIE  $V'_\lambda$ )



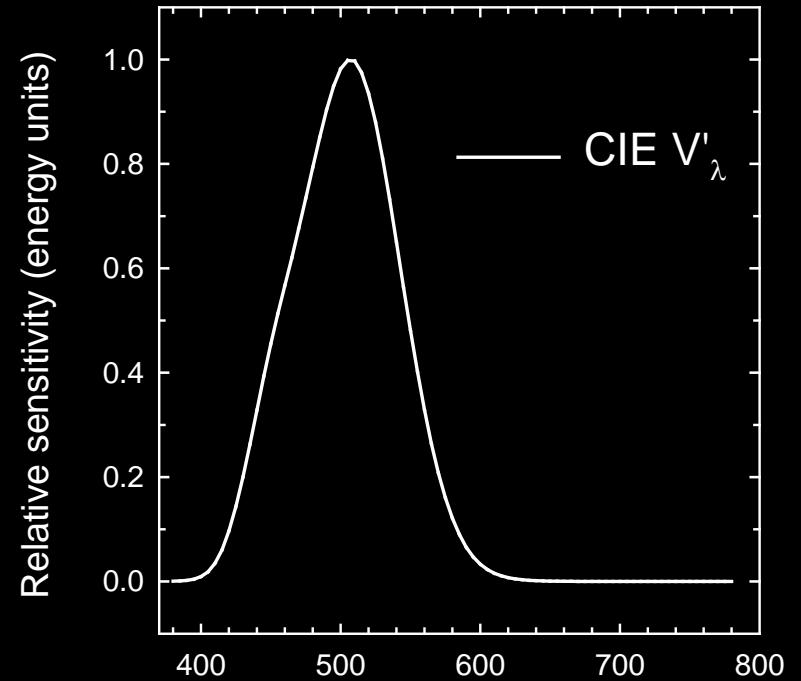
# Rod spectral sensitivity function ( $V'_\lambda$ )

## Logarithmic sensitivity plot

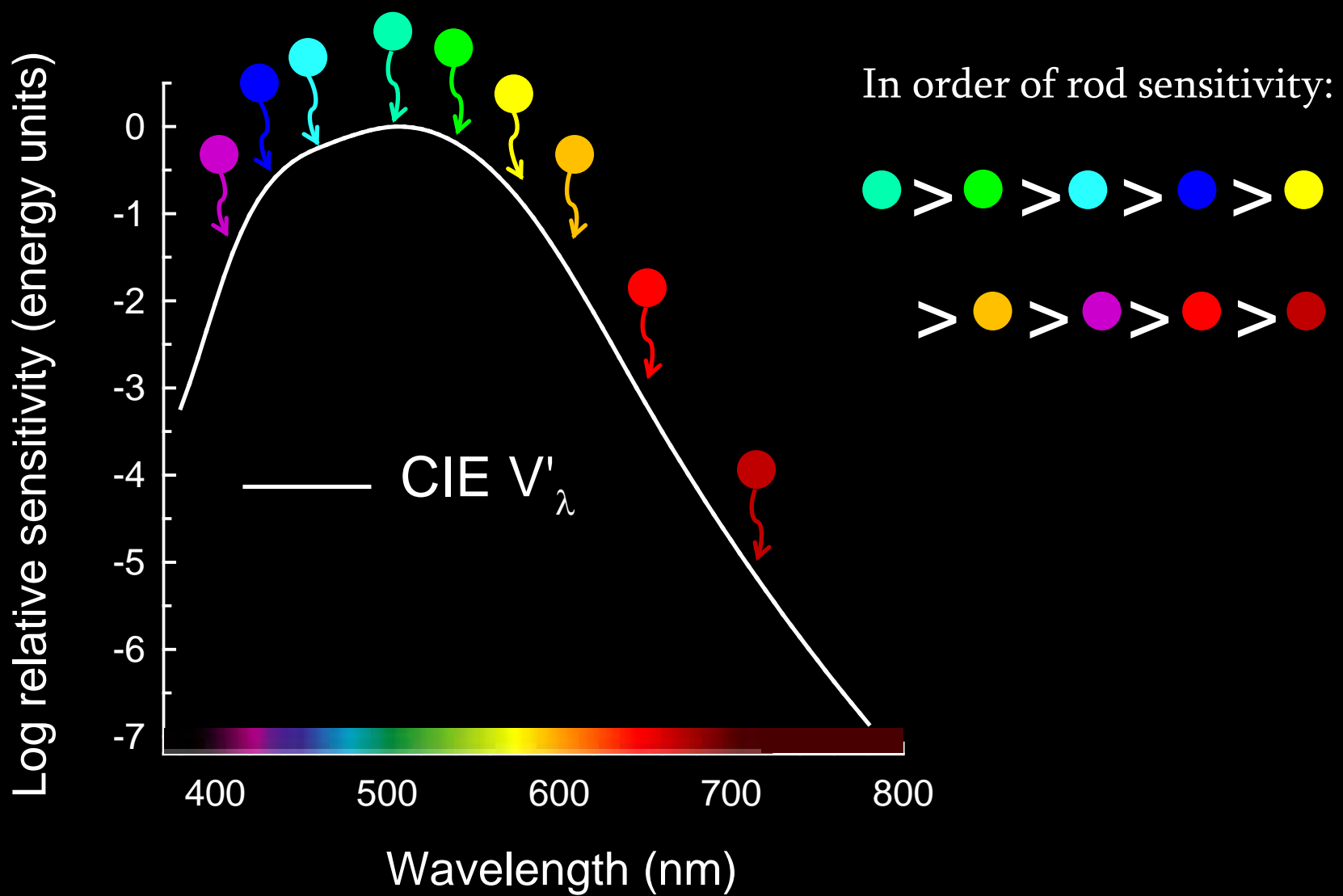


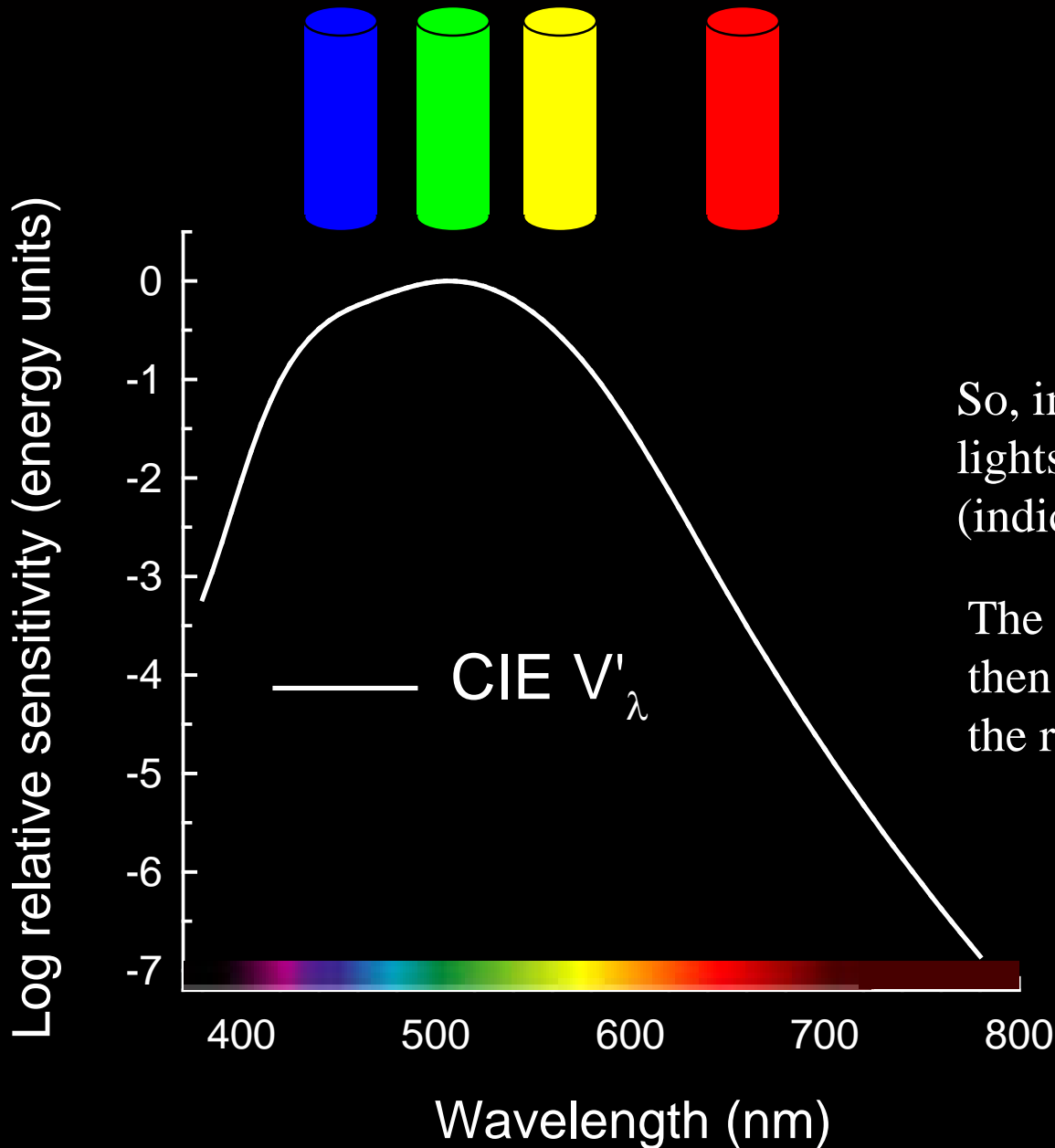
$10^{V'}$   
→  
 $\log(V')$   
←

## Linear sensitivity plot



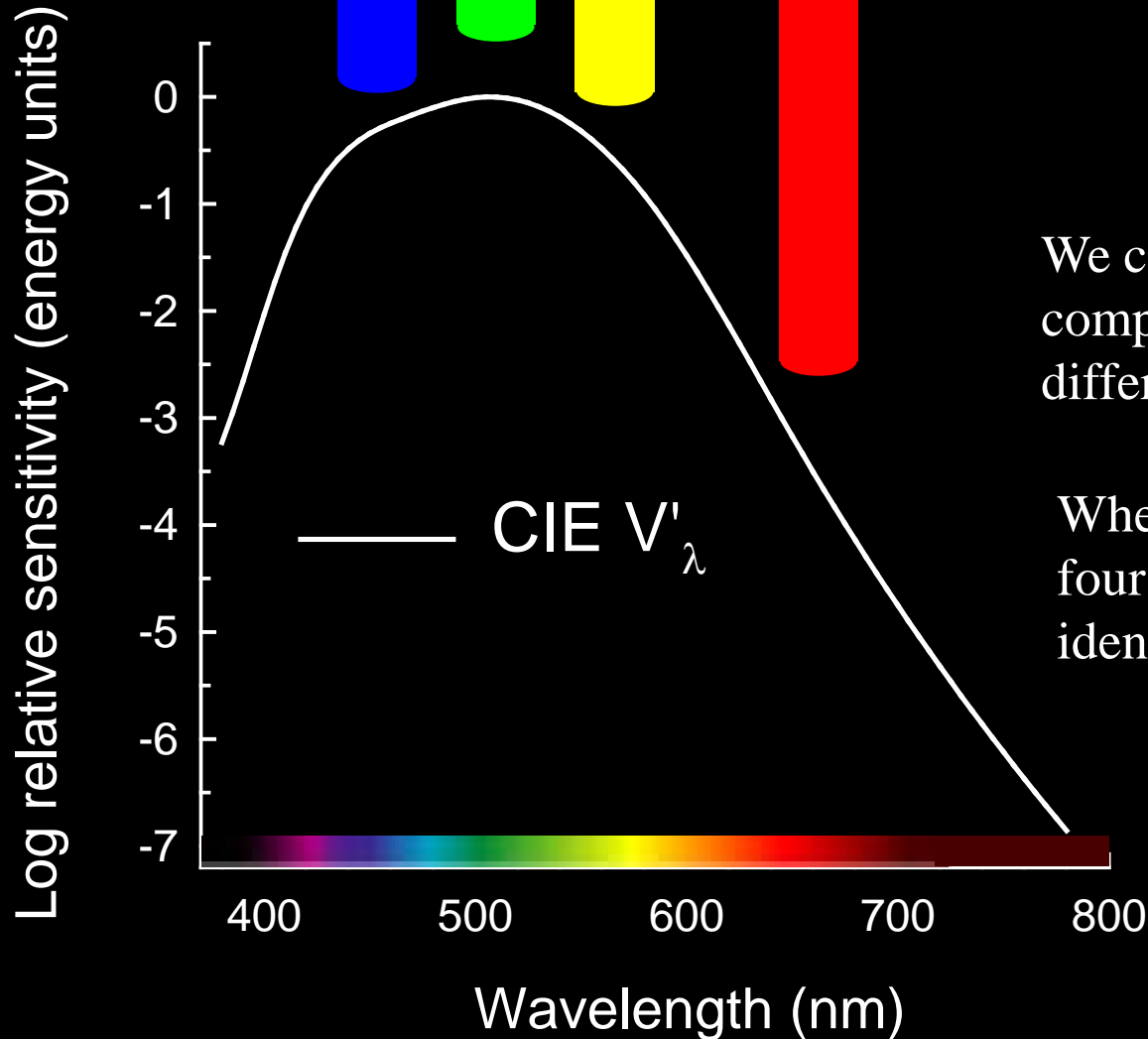
# Rod spectral sensitivity function ( $V'_\lambda$ )





So, imagine you have four lights of the same intensity (indicated here by the height)

The green will look brightest, then blue, then yellow and lastly the red will be the dimmest



We can adjust the intensities to compensate for the sensitivity differences.

When this has been done, the four lights will look completely identical.



Rod

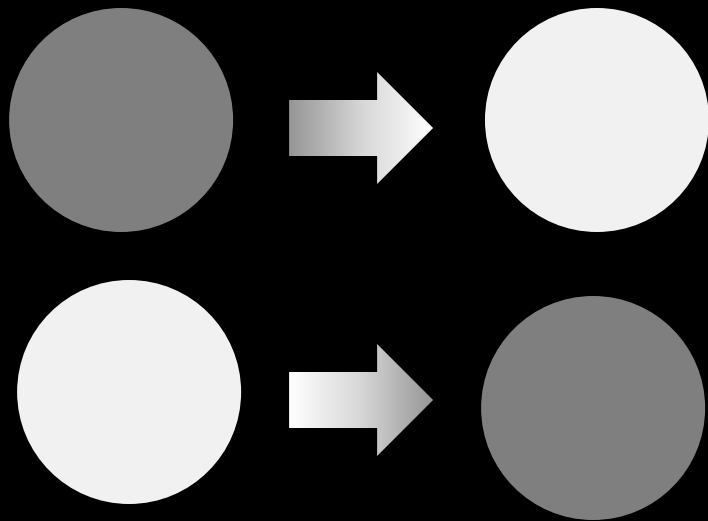


Changes in light intensity are confounded with  
changes in colour (wavelength)



# UNIVARIANCE

A change in photoreceptor output can be caused by a change in intensity or by a change in colour. There is no way of telling which.



Colour or intensity  
change??

Each photoreceptor is therefore 'colour blind', and is unable to distinguish between changes in colour and changes in intensity.

A consequence of univariance is that we are colour-blind when only one photoreceptor operates...



Examples: SCOTOPIC VISION, cone monochromacy

With three cone photoreceptors, our colour vision is chromatic...



# Cone spectral sensitivities

Log<sub>10</sub> quantal sensitivity

0  
-1  
-2  
-3

S

M

L

400

450

500

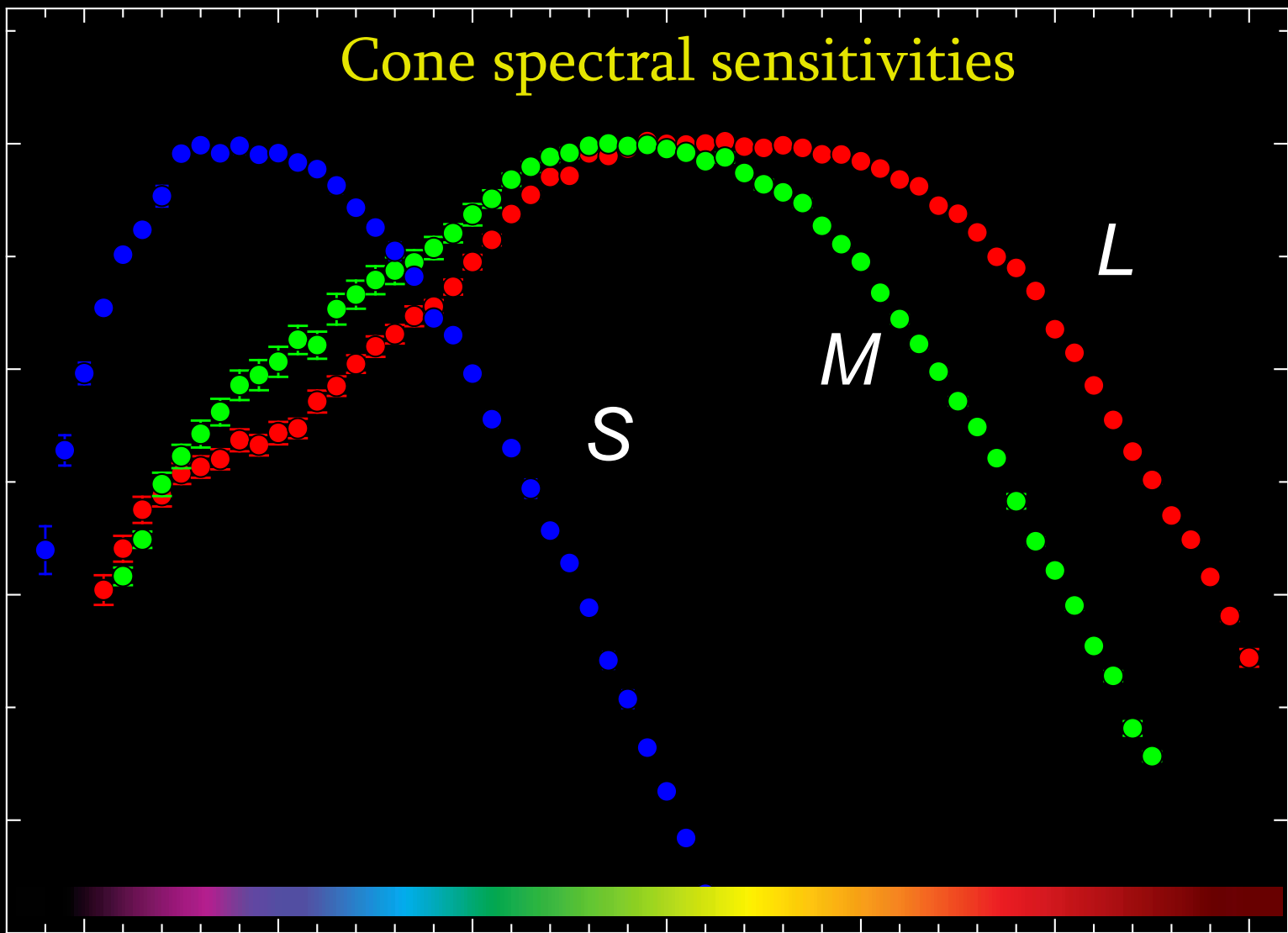
550

600

650

700

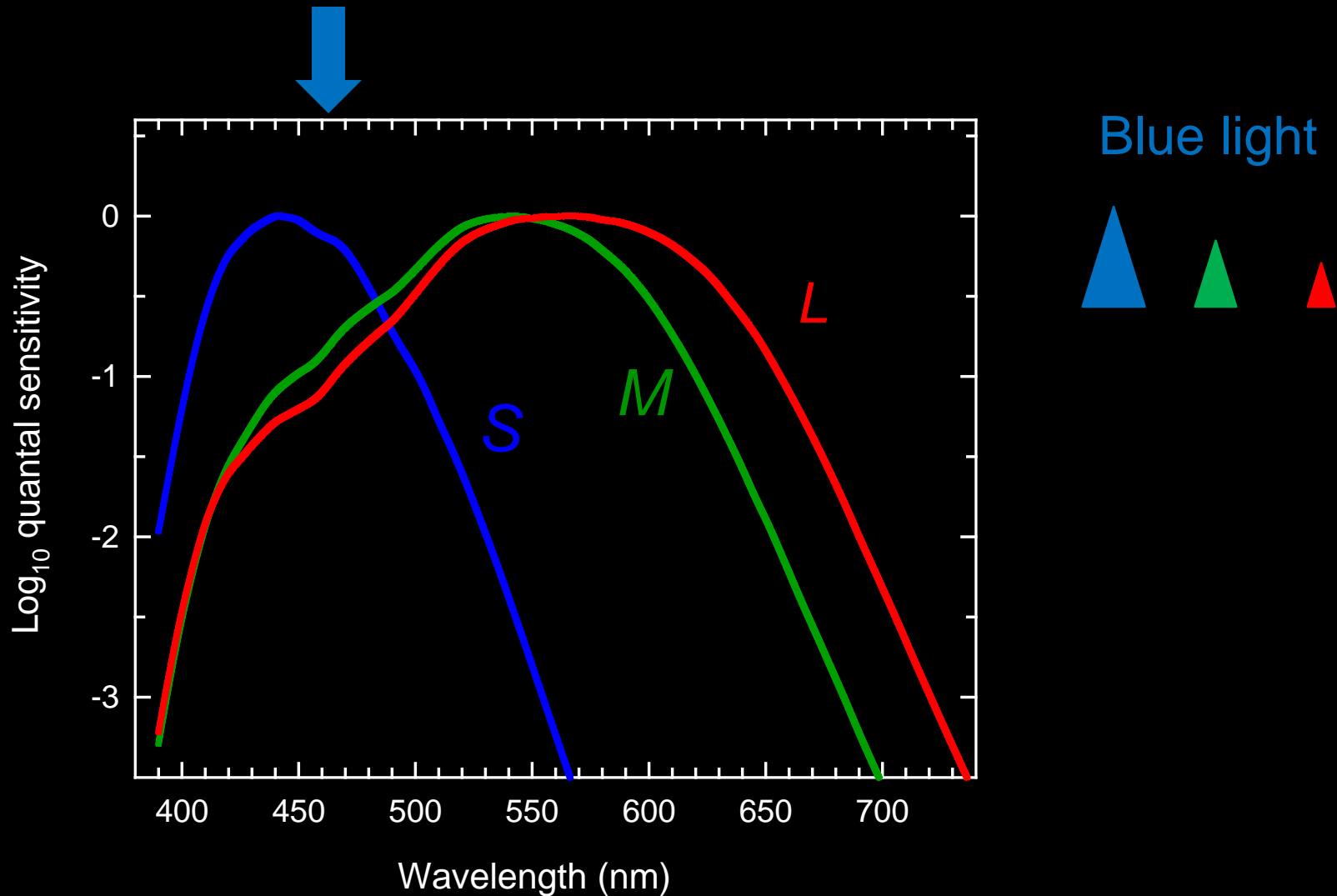
Wavelength (nm)



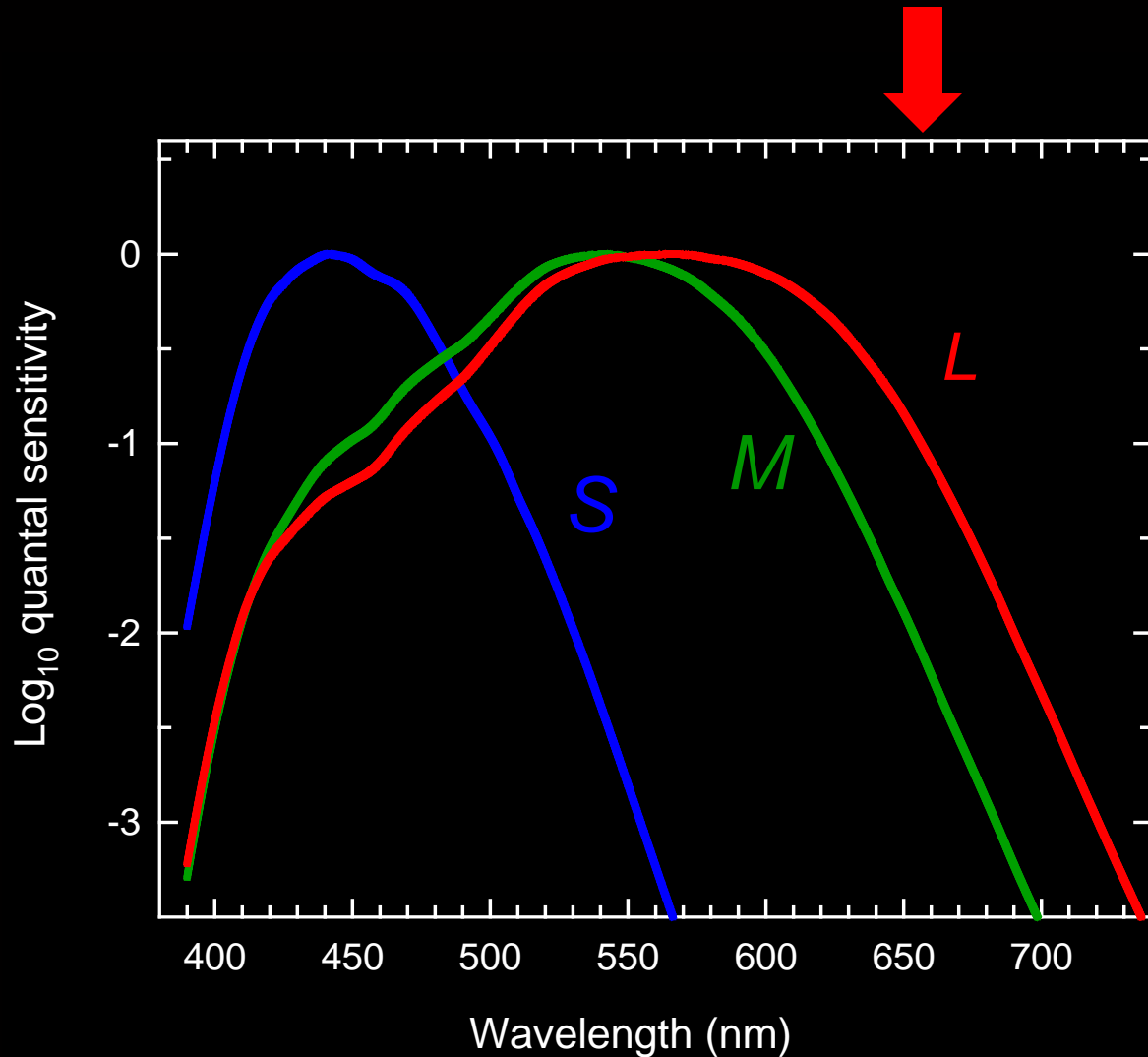
So, if each photoreceptor is colour-blind, how do we see colour?

Or to put it another way: How is colour encoded?

# Colour is encoded by the relative cone outputs



# Colour is encoded by the relative cone outputs



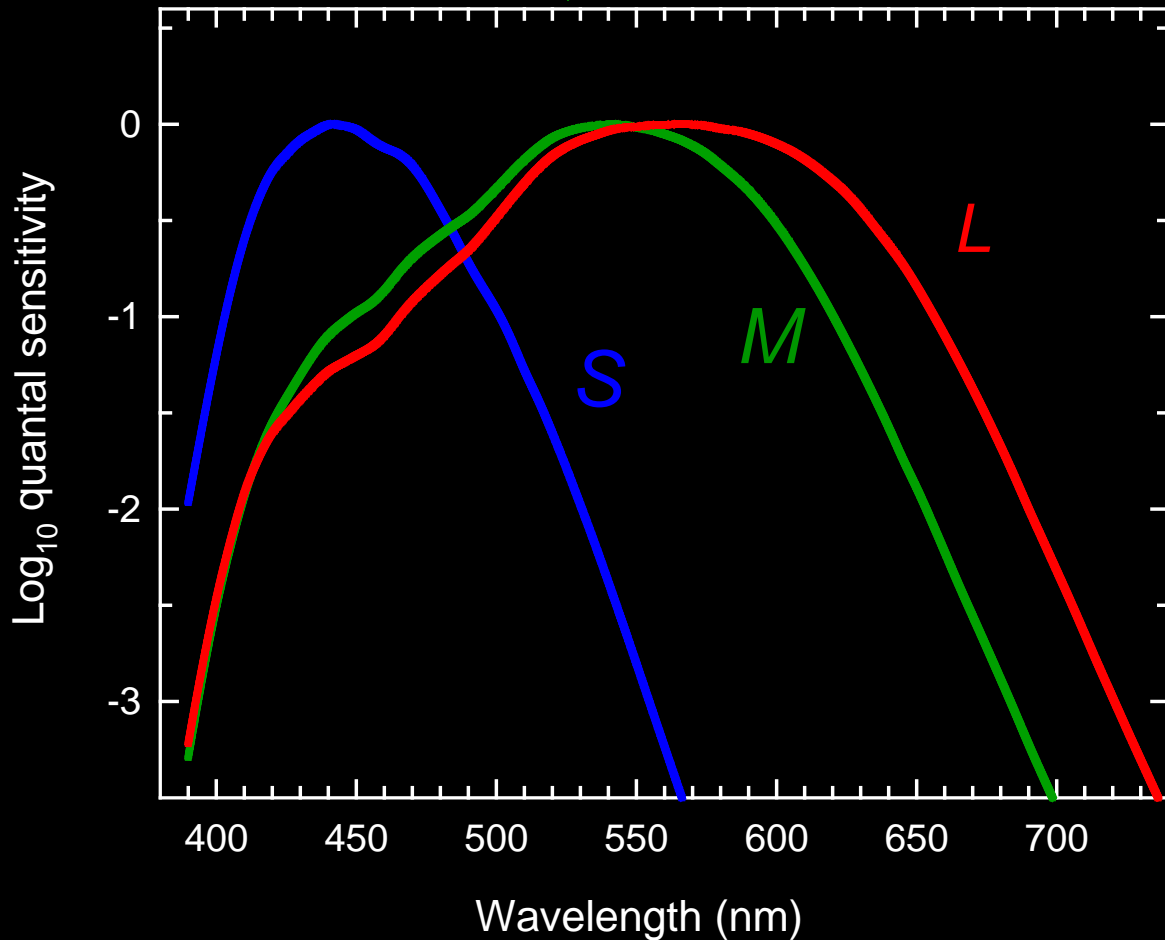
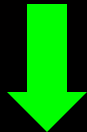
Blue light



Red light



# Colour is encoded by the relative cone outputs



Blue light



Green light



Red light





# Colour is encoded by the relative cone outputs

Blue light



Red light



Green light



Purple light



Yellow light



White light



## Rod vision

- Achromatic
- High sensitivity
- Poor detail and no colour



## Cone vision

- Achromatic and chromatic
- Lower sensitivity
- Detail and good colour

